

Cough, Cold and Allergy (Hay Fever) Remedies in Malaysia

October 2025

Cough, Cold and Allergy (Hay Fever) Remedies in Malaysia - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Preventative habits sustain steady growth

Medicated confectionery keeps Lofthouse of Fleetwood on top

Health and personal care stores leads sales, while cross-category competition intensifies

PROSPECTS AND OPPORTUNITIES

Nasal sprays to push future growth as herbal and traditional alternatives gain ground Expected expansion of non-oral remedies and investment in variants for specialised use Efficacy remains key differentiator

CATEGORY DATA

- Table 1 Sales of Cough, Cold and Allergy (Hay Fever) Remedies by Category: Value 2020-2025
- Table 2 Sales of Cough, Cold and Allergy (Hay Fever) Remedies by Category: % Value Growth 2020-2025
- Table 3 NBO Company Shares of Cough, Cold and Allergy (Hay Fever) Remedies: % Value 2021-2025
- Table 4 LBN Brand Shares of Cough, Cold and Allergy (Hay Fever) Remedies: % Value 2022-2025
- Table 5 Forecast Sales of Cough, Cold and Allergy (Hay Fever) Remedies by Category: Value 2025-2030
- Table 6 Forecast Sales of Cough, Cold and Allergy (Hay Fever) Remedies by Category: % Value Growth 2025-2030

Consumer Health in Malaysia - Industry Overview

EXECUTIVE SUMMARY

Consumer health in 2025: the big picture

2025 key trends

Competitive landscape

Retailing developments

What next for consumer health?

MARKET INDICATORS

- Table 7 Consumer Expenditure on Health Goods and Medical Services: Value 2020-2025
- Table 8 Life Expectancy at Birth 2020-2025

MARKET DATA

- Table 9 Sales of Consumer Health by Category: Value 2020-2025
- Table 10 Sales of Consumer Health by Category: % Value Growth 2020-2025
- Table 11 NBO Company Shares of Consumer Health: % Value 2021-2025
- Table 12 LBN Brand Shares of Consumer Health: % Value 2022-2025
- Table 13 Penetration of Private Label in Consumer Health by Category: % Value 2020-2025
- Table 14 Distribution of Consumer Health by Format: % Value 2020-2025
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- Table 16 Forecast Sales of Consumer Health by Category: Value 2025-2030
- Table 17 Forecast Sales of Consumer Health by Category: % Value Growth 2025-2030

APPENDIX

OTC registration and classification

Vitamins and dietary supplements registration and classification

Self-medication/self-care and preventive medicine

Switches

DISCLAIMER

DEFINITIONS

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