

# NRT Smoking Cessation Aids in New Zealand

November 2025

Table of Contents

# NRT Smoking Cessation Aids in New Zealand - Category analysis

#### **KEY DATA FINDINGS**

#### 2025 DEVELOPMENTS

Rising public health awareness and tobacco control measures drive sales amid shifting consumption trends

International players retain leadership and drive competitive dynamics

Pharmacies dominates distribution in 2025 thanks to regulatory status, brand equity and affordability of subsidised access

## PROSPECTS AND OPPORTUNITIES

Shifting policy and competition from alternative formats likely to reshape outlook for NRT smoking cessation aids over the forecast period New Zealand moves to sustainably tackle digital waste by banning the manufacture, sale, supply and distribution of single-use vape technology Regulatory divergence likely to remain key in New Zealand's harm reduction approach to heated tobacco vs. nicotine pouches

#### **CATEGORY INDICATORS**

Table 1 - Number of Smokers by Gender 2020-2025

## **CATEGORY DATA**

- Table 2 Sales of NRT Smoking Cessation Aids by Category: Value 2020-2025
- Table 3 Sales of NRT Smoking Cessation Aids by Category: % Value Growth 2020-2025
- Table 4 NBO Company Shares of NRT Smoking Cessation Aids: % Value 2021-2025
- Table 5 LBN Brand Shares of NRT Smoking Cessation Aids: % Value 2022-2025
- Table 6 Forecast Sales of NRT Smoking Cessation Aids by Category: Value 2025-2030
- Table 7 Forecast Sales of NRT Smoking Cessation Aids by Category: % Value Growth 2025-2030

## Consumer Health in New Zealand - Industry Overview

# **EXECUTIVE SUMMARY**

Consumer Health in 2025: The big picture

Key trends in 2025

Competitive landscape

Channel developments

What next for Consumer Health?

#### MARKET INDICATORS

- Table 8 Consumer Expenditure on Health Goods and Medical Services: Value 2020-2025
- Table 9 Life Expectancy at Birth 2020-2025

# MARKET DATA

- Table 10 Sales of Consumer Health by Category: Value 2020-2025
- Table 11 Sales of Consumer Health by Category: % Value Growth 2020-2025
- Table 12 NBO Company Shares of Consumer Health: % Value 2021-2025
- Table 13 LBN Brand Shares of Consumer Health: % Value 2022-2025
- Table 14 Penetration of Private Label in Consumer Health by Category: % Value 2020-2025
- Table 15 Distribution of Consumer Health by Format: % Value 2020-2025
- Table 16 Distribution of Consumer Health by Format and Category: % Value 2025
- Table 17 Forecast Sales of Consumer Health by Category: Value 2025-2030
- Table 18 Forecast Sales of Consumer Health by Category: % Value Growth 2025-2030

## APPENDIX

OTC registration and classification

Vitamins and dietary supplements registration and classification

Self-medication/self-care and preventive medicine

Switches

DISCLAIMER

**DEFINITIONS** 

**SOURCES** 

Summary 1 - Research Sources

# About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer
  trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with
  country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/nrt-smoking-cessation-aids-in-new-zealand/report.