

# Breakfast Cereals in Australia

November 2025

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## Breakfast Cereals in Australia - Category analysis

#### **KEY DATA FINDINGS**

#### 2025 DEVELOPMENTS

Many health-conscious consumers turn their backs on breakfast cereals

### INDUSTRY PERFORMANCE

Breakfast cereals struggling to generate growth due to changing consumer habits Other RTE cereals benefiting from ongoing appeal of Weat-Bix

#### WHAT'S NEXT?

Health trends set to impact volumes

Manufacturers respnding to consumer demand for healthier options

Growing demand for on-the-go options

#### COMPETITIVE LANDSCAPE

Competitive landscape remains relatively static in a highly mature market

Carman's Fine Foods benefits from versatiltiy of muesli and granola

#### **CHANNELS**

Consumer shopping patterns relatively unchanged

E-commerce seeing gradual gains

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# Staple Foods in Australia - Industry Overview

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Private label benefits from rising price-sensitivity

## **KEY DATA FINDINGS**

## INDUSTRY PERFORMANCE

Economic conditions continue to weigh on consumers' minds

Changing consumption habits

## WHAT'S NEXT?

Essential status to provide resilience

Changing lifestyles and behaviours

Targeting budget conscious consumers

## COMPETITIVE LANDSCAPE

Retailers lead the market Private label dynamism

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