

Soft Drinks in Canada

November 2025

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Soft Drinks in Canada

EXECUTIVE SUMMARY

Soft drinks adjust to shifting health priorities, economic caution and changing consumption behaviour

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Health and wellness expectations reshape category dynamics

Premiumisation and affordable indulgence gain relevance in a cautious economic climate

Customisation and home beverage making expand, challenging ready-to-drink formats

WHAT'S NEXT?

Soft drinks forecast to maintain modest value growth amid constrained volume gains

Health priorities and functional positioning to intensify across categories

Regulatory shifts and ingredient pressures to influence product strategy

COMPETITIVE LANDSCAPE

Category leaders diversify portfolios while adjusting to shifting distribution agreements

Agile challengers and specialised players gain traction through innovation

CHANNELS

Store-based retail remains dominant as shoppers shift toward value-oriented purchasing

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WHAT'S NEXT?

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COMPETITIVE LANDSCAPE

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INDUSTRY PERFORMANCE

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WHAT'S NEXT?

Marginal volume contraction but modest value growth expected Functional and prebiotic sodas to build from a niche base Sugar aversion and FOP labels to shape reformulation and portfolio choices

COMPETITIVE LANDSCAPE

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KEY DATA FINDINGS

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INDUSTRY PERFORMANCE

Diverging trends for liquid and powder concentrates

Home beverage making emerges as a structural growth driver

WHAT'S NEXT?

Budget focus and customisation are expected to support further volume growth Sustainability and environmental benefits strengthen the case for concentrates Sugar aversion, sweetener choices and front-of-pack labelling create uncertainty

COMPETITIVE LANDSCAPE

Established leaders expand portfolios as appliance-based systems gain scale Smaller brands and functional propositions add dynamism

CHANNELS

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2025 DEVELOPMENTS

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INDUSTRY PERFORMANCE

Volume contraction continues as elevated prices limit recovery Wellness-aligned niches outperform despite broader declines

WHAT'S NEXT?

Gradual volume decline expected alongside modest value growth

Functional benefits and sustainability set to shape medium-term innovation Sugar aversion and new labelling rules expected to constrain growth

COMPETITIVE LANDSCAPE

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CHANNELS

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RTD Coffee in Canada

KEY DATA FINDINGS

2025 DEVELOPMENTS

Inflation pressure weighs on RTD coffee volumes despite resilient coffee culture

INDUSTRY PERFORMANCE

RTD coffee struggles to maintain momentum after the inflation shock Cold coffee trends and younger consumers provide some support

WHAT'S NEXT?

Healthy growth expected, supported by strong coffee culture and innovation

Functional benefits and sustainability emerge as key areas of differentiation

Sugar reduction, labelling changes and health perceptions influence future demand

COMPETITIVE LANDSCAPE

Coffee shop brands dominate RTD coffee through strategic partnerships Premium cold brew and niche players add breadth to the category

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RTD Tea in Canada

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INDUSTRY PERFORMANCE

RTD tea growth slows as inflation and category maturity weigh on demand Growth pockets in carbonated RTD tea, kombucha and reduced sugar formats

WHAT'S NEXT?

Moderate growth outlook driven by health trends but constrained by demographics and competition Functional benefits and cross-category innovation gain prominence

Sugar reduction, sweeteners and labelling changes shape future dynamics

COMPETITIVE LANDSCAPE

Nestea transition reshapes leadership while Fuze enters the market Smaller brands and kombucha specialists diversify the competitive set

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Energy Drinks in Canada

KEY DATA FINDINGS

2025 DEVELOPMENTS

Strong growth fuelled by busier lifestyles and demand for affordable indulgence

INDUSTRY PERFORMANCE

Energy drinks benefit from functional positioning and affordable luxury Reduced sugar variants gain momentum as sugar scrutiny returns

WHAT'S NEXT?

Continued growth expected, but at a more measured pace Flavour innovation and cross-category inspiration to sustain consumer interest Sugar aversion, labelling changes and regulatory limits shape future growth

COMPETITIVE LANDSCAPE

US entrants and adjacent-category players intensify competition

Clean energy and plant-based positioning create fast-growing niches

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Sports Drinks in Canada

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2025 DEVELOPMENTS

Sports drinks stabilise after inflation shock but demand remains constrained

INDUSTRY PERFORMANCE

Sports drinks return to flat volume as high prices cap recovery

Reduced sugar and performance-positioned products prove more resilient

WHAT'S NEXT?

Moderate volume growth outlook supported by active lifestyles but tempered by headwinds Flavour innovation and cross-category concepts expected to drive engagement Sugar aversion and new labelling rules likely to reshape formulations

COMPETITIVE LANDSCAPE

Category leadership remains concentrated while new players target performance niches Emerging brands emphasise clean, all-day hydration and selective distribution

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