

# Breakfast Cereals in Finland

November 2025

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# Breakfast Cereals in Finland - Category analysis

## **KEY DATA FINDINGS**

## 2025 DEVELOPMENTS

Health, convenience and innovation shape breakfast cereals in Finland

#### INDUSTRY PERFORMANCE

Breakfast cereals decline in Finland amid health trends and shifting consumer habits RTE cereals drive growth in Finland's breakfast cereals, led by flakes

#### WHAT'S NEXT?

Premiumisation and healthier options are expected to support growth in Finland's breakfast cereals Health-conscious and indulgent innovations are set to shape breakfast cereal launches Domestic origin and ethical credentials will continue to drive innovation in breakfast cereals

# COMPETITIVE LANDSCAPE

S Group strengthens its leadership in breakfast cereals with domestic and private label innovation Dr Oetker Suomi and Arvid Nordquist lead value growth in breakfast cereals

#### **CHANNELS**

Hypermarkets retains its lead in breakfast cereals despite a slight share decline Retail e-commerce outpaces other channels in breakfast cereals in 2025

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# Staple Foods in Finland - Industry Overview

## **EXECUTIVE SUMMARY**

Evolving consumer priorities impact the sales of staple foods in Finland 2025

# **KEY DATA FINDINGS**

## INDUSTRY PERFORMANCE

Value sales of staple foods decline amid price sensitivity and health driven shifts Sustainability, convenience and flavour profiles influence sales in staple foods in Finland Health and wellness concerns shape buying habits within staple foods in 2025

## WHAT'S NEXT?

Premiumisation and home cooking is set to support steady value growth in staple foods Convenience is set to shape staple food innovation across the forecast period Health and wellness is set to accelerate innovation and influence consumer choices

#### COMPETITIVE LANDSCAPE

S Group strengths its leadership with an extensive portfolio of private label products Meeat Food Tech Oy drives growth through plant-based alternatives

#### **CHANNELS**

Hypermarkets maintains its lead in distribution through appealing price points and loyalty schemes Growth for retail e-commerce is driven by a wide product selection and rapid delivery services

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