

Baked Goods in Japan

December 2025

Table of Contents

Baked Goods in Japan - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Current value growth thanks to ongoing inflation

INDUSTRY PERFORMANCE

Domestic wheat in demand as costs rise

Dessert pies and tarts benefits from high prices and indulgence trend

WHAT'S NEXT?

Provenance set to remain in the spotlight

Focus on wellbeing likely to deepen in the years ahead

Baked goods expansion to continue through innovation and convenience trend

COMPETITIVE LANDSCAPE

Innovation through indulgence and seasonal rotation

Private label benefits from price rises as consumers tighten their belts

CHANNELS

Convenience stores leads distribution as local consumers splash out on indulgent baked goods

Health and beauty specialists sees growth as wellness trends deepen

CATEGORY DATA

Table 1 - Sales of Baked Goods by Category: Volume 2020-2025

Table 2 - Sales of Baked Goods by Category: Value 2020-2025

Table 3 - Sales of Baked Goods by Category: % Volume Growth 2020-2025

Table 4 - Sales of Baked Goods by Category: % Value Growth 2020-2025

Table 5 - Sales of Pastries by Type: % Value 2020-2025

Table 6 - NBO Company Shares of Baked Goods: % Value 2021-2025

Table 7 - LBN Brand Shares of Baked Goods: % Value 2022-2025

Table 8 - Distribution of Baked Goods by Format: % Value 2020-2025

Table 9 - Forecast Sales of Baked Goods by Category: Volume 2025-2030

Table 10 - Forecast Sales of Baked Goods by Category: Value 2025-2030

Table 11 - Forecast Sales of Baked Goods by Category: % Volume Growth 2025-2030

Table 12 - Forecast Sales of Baked Goods by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

Staple Foods in Japan - Industry Overview

EXECUTIVE SUMMARY

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Sharp price increases fuel category volatility in 2025

Convenience factor remains important to busy consumers

Post-pandemic interest in health and wellbeing remains high

WHAT'S NEXT?

Shrinking population expected to lead to volume decline

Current value growth will remain largely driven by high prices

Convenience factor will continue to shape category fortunes

COMPETITIVE LANDSCAPE

Yamazaki Baking retains the lead in a highly fragmented industry Second-ranked player gains ground in 2025

CHANNELS

Supermarkets remains the leading distribution channel in Japan Health and beauty specialists and e-commerce are gaining popularity

MARKET DATA

- Table 13 Sales of Staple Foods by Category: Volume 2020-2025
- Table 14 Sales of Staple Foods by Category: Value 2020-2025
- Table 15 Sales of Staple Foods by Category: % Volume Growth 2020-2025
- Table 16 Sales of Staple Foods by Category: % Value Growth 2020-2025
- Table 17 NBO Company Shares of Staple Foods: % Value 2021-2025
- Table 18 LBN Brand Shares of Staple Foods: % Value 2022-2025
- Table 19 Penetration of Private Label by Category: % Value 2020-2025
- Table 20 Distribution of Staple Foods by Format: % Value 2020-2025
- Table 21 Forecast Sales of Staple Foods by Category: Volume 2025-2030
- Table 22 Forecast Sales of Staple Foods by Category: Value 2025-2030
- Table 23 Forecast Sales of Staple Foods by Category: % Volume Growth 2025-2030
- Table 24 Forecast Sales of Staple Foods by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

SOURCES

Summary 1 - Research Sources

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focusing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer
 trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with
 country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/baked-goods-in-japan/report.