

Sports Drinks in Australia

November 2025

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Sports Drinks in Australia - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Increasing demand for hydration with rising participation in sport and exercise

INDUSTRY PERFORMANCE

Sports drinks experience steady growth driven by consumer lifestyles Strong growth for reduced sugar isotonic sports drinks

WHAT'S NEXT?

Sports drinks forecast to maintain growth as consumers demand functional beverages Sustainability to influence consumer purchasing decisions over the forecast period Product innovation to be reliant on providing consumers with functional benefits

COMPETITIVE LANDSCAPE

Leader investing in local production capabilities

Gatorade focuses on flavour innovation, convenience channels and refining price-pack architecture

CHANNELS

Supermarkets remains the key distribution channel

Revival of convenience retailing

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Soft Drinks in Australia - Industry Overview

EXECUTIVE SUMMARY

Consumers looking for products with a healthier profile

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Persistent economic challenges

Functional beverages and health need states drive premium growth

Working to add value

WHAT'S NEXT?

Recovery in consumer spending to support growth

Health and wellness to be a key influence on innovation

Ongoing expansion of e-commerce

COMPETITIVE LANDSCAPE

Coca-Cola Europacific Partners remains the largest player St Ali seeing strong growth

CHANNELS

Supermarkets plays key role in the shopping habits of Australian consumers Major retailers and niche brands contribute to e-commerce growth

Foodservice vs retail split

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