

Sports Drinks in Pakistan

December 2025

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Sports Drinks in Pakistan - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Rising fitness culture drives growth

INDUSTRY PERFORMANCE

Growing popularity of padel tennis boosts sales

Category remains underdeveloped

WHAT'S NEXT?

Rising fitness culture will support increase in sales

Shift towards functional positioning

Convenient distribution channels will be key to expansion of sports drinks

COMPETITIVE LANDSCAPE

PepsiCo retains its sales monopoly

Gatorade leverages new sales opportunities

CHANNELS

Small local grocers retain leading share

E-commerce expands from low base

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Soft Drinks in Pakistan - Industry Overview

EXECUTIVE SUMMARY

Urbanisation and channel expansion fuel consumption

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Favourable economic conditions and demographics boost demand for soft drinks

Health and wellness trends shape consumption habits

Retail expansion improves product accessibility

WHAT'S NEXT?

Stabilising economy will boost demand

Expected shift towards healthier offerings

Expansion of modern retail will increase access to packaged soft drinks

COMPETITIVE LANDSCAPE

Multinational giants hold sway

Mehran Bottlers is most dynamic player

CHANNELS

Small local grocers lead sales

E-commerce and modern grocery outlets enhance product availability

Foodservice vs retail split

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Summary 1 - Research Sources

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