

Rice, Pasta and Noodles in Latvia

November 2025

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Rice, Pasta and Noodles in Latvia - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Stagnation in a well-established market

INDUSTRY PERFORMANCE

A balanced performance in 2025

Instant noodles in pouches benefit from their lower prices

WHAT'S NEXT?

Emerging opportunities in premium dried pasta

Some shift toward healthier alternatives anticipated

COMPETITIVE LANDSCAPE

Leading Dobeles Dzirnavnieks' strong portfolio and longstanding presence ensure it retains its lead in 2025 Maxima continues its strong growth momentum

CHANNELS

Convenience stores attractive for everyday purchases

Value-oriented positioning of discounters resonates strongly with consumers

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Staple Foods in Latvia - Industry Overview

EXECUTIVE SUMMARY

Limited expansion but steady demand for core products

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Impact of a cold summer

Price is key

Consumers seek products that offer both taste and freshness

WHAT'S NEXT?

Mature market with little room for growth

Private label expansion

Better future for barbecue-related products

COMPETITIVE LANDSCAPE

Forevers leads a highly fragmented market

Nord-Exim benefits from the rising demand for affordable and quick meal options

Rapid growth of private label

CHANNELS

Leading convenience stores offer a broad selection of products

Discounters appeal amid ongoing economic uncertainty

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