

# Rice, Pasta and Noodles in Finland

November 2025

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# Rice, Pasta and Noodles in Finland - Category analysis

#### KEY DATA FINDINGS

#### 2025 DEVELOPMENTS

Convenience and health drive growth in rice, pasta and noodles in 2025

#### INDUSTRY PERFORMANCE

Convenience driven cooking lifts value sales of rice, pasta and noodles in 2025 Convenience and flavour innovation drive dynamic growth in rice and noodles

#### WHAT'S NEXT?

Premiumisation and convenience are set to drive value growth in rice, pasta and noodles Gluten-free and superfood varieties will drive innovation in pasta and rice products Sustainability and energy efficiency are set to fuel innovation in domestic production

#### COMPETITIVE LANDSCAPE

Lantmännen Cerealia Oy consolidates its lead through strategic acquisition and a focus on sustainability Suomen Nestlé Oy drives dynamic growth through innovative Maggi product launches

#### **CHANNELS**

Hypermarkets remains the leading channel offering a wide range of goods at affordable prices Retail e-commerce outpaces other channels in rice, pasta and noodles in Finland

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# Staple Foods in Finland - Industry Overview

#### **EXECUTIVE SUMMARY**

Evolving consumer priorities impact the sales of staple foods in Finland 2025

# KEY DATA FINDINGS

#### INDUSTRY PERFORMANCE

Value sales of staple foods decline amid price sensitivity and health driven shifts Sustainability, convenience and flavour profiles influence sales in staple foods in Finland Health and wellness concerns shape buying habits within staple foods in 2025

#### WHAT'S NEXT?

Premiumisation and home cooking is set to support steady value growth in staple foods

Convenience is set to shape staple food innovation across the forecast period

Health and wellness is set to accelerate innovation and influence consumer choices

## COMPETITIVE LANDSCAPE

S Group strengths its leadership with an extensive portfolio of private label products Meeat Food Tech Oy drives growth through plant-based alternatives

## **CHANNELS**

Hypermarkets maintains its lead in distribution through appealing price points and loyalty schemes Growth for retail e-commerce is driven by a wide product selection and rapid delivery services

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