

# Weight Management and Wellbeing in Brazil

April 2025

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# Weight Management and Wellbeing in Brazil - Category analysis

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#### 2024 DEVELOPMENTS

Weight management and wellbeing sees limited growth as categories battle for consumers' share of wallet

Nestlé overtakes Herbalife to secure second place in weight management and wellbeing

Wegovy officially arrives in Brazilian pharmacies, and new competitors set to arrive in 2025

## PROSPECTS AND OPPORTUNITIES

Double standards regarding GLP-1 use, and a more realistic consumer outlook on weight management and wellbeing will shape the forecast The decline of quick-fix weight loss and the rise of holistic wellbeing

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