

# Processed Fruit and Vegetables in New Zealand

November 2025

Table of Contents

## Processed Fruit and Vegetables in New Zealand - Category analysis

## **KEY DATA FINDINGS**

## 2025 DEVELOPMENTS

Affordability pressures and climate volatility drive a shift toward long-life and frozen formats

### INDUSTRY PERFORMANCE

Households turn to processed formats as climate pressures and cost-conscious behaviour reshape purchasing patterns Frozen fruit and vegetables gain traction as consumers embrace convenience, nutrition and reduced food waste

#### WHAT'S NEXT?

Consumers prioritise affordability and consistency as long-term drivers of processed produce uptake

Frozen formats strengthen their position as health, convenience and technology-enhanced nutrition drive adoption

Health and wellness priorities reinforce demand for nutrient-dense, minimally processed frozen produce

## COMPETITIVE LANDSCAPE

Heinz Wattie strengthens category leadership through innovation and sustainability-focused production Private label gains momentum as Foodstuffs expands its influence in a value-conscious market

#### **CHANNELS**

Supermarkets remain the core channel as private label expansion and price consciousness shape purchasing behaviour Online distribution grows gradually as supermarket-led digital services expand accessibility

## **CATEGORY DATA**

- Table 1 Sales of Processed Fruit and Vegetables by Category: Volume 2020-2025
- Table 2 Sales of Processed Fruit and Vegetables by Category: Value 2020-2025
- Table 3 Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2020-2025
- Table 4 Sales of Processed Fruit and Vegetables by Category: % Value Growth 2020-2025
- Table 5 Sales of Frozen Processed Vegetables by Type: % Value Breakdown 2020-2025
- Table 6 NBO Company Shares of Processed Fruit and Vegetables: % Value 2021-2025
- Table 7 LBN Brand Shares of Processed Fruit and Vegetables: % Value 2022-2025
- Table 8 Distribution of Processed Fruit and Vegetables by Format: % Value 2020-2025
- Table 9 Forecast Sales of Processed Fruit and Vegetables by Category: Volume 2025-2030
- Table 10 Forecast Sales of Processed Fruit and Vegetables by Category: Value 2025-2030
- Table 11 Forecast Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2025-2030
- Table 12 Forecast Sales of Processed Fruit and Vegetables by Category: % Value Growth 2025-2030

# COUNTRY REPORTS DISCLAIMER

# Staple Foods in New Zealand - Industry Overview

# EXECUTIVE SUMMARY

Economic pressures, shifting dietary priorities and evolving retail strategies shape performance in 2025

# KEY DATA FINDINGS

# INDUSTRY PERFORMANCE

Health, naturalness and sustainability reshape expectations of everyday staples
Retailers expand curated free-from and plant-forward assortments to support conscious shopping
Reassessment of plant-based credentials shifts focus from hype to authenticity and quality

# WHAT'S NEXT?

Steady growth outlook supported by economic recovery, home-cooking habits and value-seeking behaviour Innovation will centre on wellness, functionality and credible sustainability

Private label expansion and evolving retail strategies will reshape competition and channel dynamics

## COMPETITIVE LANDSCAPE

Goodman Fielder reinforces leadership through portfolio breadth, health positioning and brand revitalisation Foodstuffs capitalises on private label strength and value positioning amid cost-of-living pressures

## **CHANNELS**

Supermarkets remain dominant but face mounting scrutiny and pressure for structural reform

E-commerce grows gradually as retailers refine delivery models and consumers weigh cost versus convenience

## MARKET DATA

- Table 13 Sales of Staple Foods by Category: Volume 2020-2025
- Table 14 Sales of Staple Foods by Category: Value 2020-2025
- Table 15 Sales of Staple Foods by Category: % Volume Growth 2020-2025
- Table 16 Sales of Staple Foods by Category: % Value Growth 2020-2025
- Table 17 NBO Company Shares of Staple Foods: % Value 2021-2025
- Table 18 LBN Brand Shares of Staple Foods: % Value 2022-2025
- Table 19 Penetration of Private Label by Category: % Value 2020-2025
- Table 20 Distribution of Staple Foods by Format: % Value 2020-2025
- Table 21 Forecast Sales of Staple Foods by Category: Volume 2025-2030
- Table 22 Forecast Sales of Staple Foods by Category: Value 2025-2030
- Table 23 Forecast Sales of Staple Foods by Category: % Volume Growth 2025-2030
- Table 24 Forecast Sales of Staple Foods by Category: % Value Growth 2025-2030

#### COUNTRY REPORTS DISCLAIMER

## **SOURCES**

Summary 1 - Research Sources

# About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focusing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer
  trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with
  country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/processed-fruit-and-vegetables-in-new-zealand/report.