

Rice, Pasta and Noodles in Norway

November 2025

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Rice, Pasta and Noodles in Norway - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Convenience, multicultural eating habits and health-focused innovation lift category engagement

INDUSTRY PERFORMANCE

Broader adoption of convenient and diverse meal components supports steady value gains

Plain noodles outperform thanks to versatility, clean eating trends and rising popularity of Asian cuisines

Rising interest in premium and specialty pasta supports diversification across formats and price tiers

WHAT'S NEXT?

Premiumisation, multicultural flavours and convenience-focused innovation to drive future category growth

Health and wellness trends expand opportunities for functional, minimally processed and allergen-friendly formats

Sustainability strategies and technological advancements reshape sourcing, packaging and production

COMPETITIVE LANDSCAPE

Orkla Foods Norge strengthens leadership through wide assortment, health-focused innovation and strong retail partnerships Oluf Lorentzen stands out for dynamic expansion in ethnic, organic and convenience-led noodle and rice assortments

CHANNELS

Discounters lead distribution by aligning affordability, private label quality and everyday convenience Retail e-commerce expands as consumers seek broader choice, convenience and niche assortments

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Staple Foods in Norway - Industry Overview

EXECUTIVE SUMMARY

Rising interest in healthier, more sustainable choices supports positive value growth

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Convenience, health considerations and cost-consciousness shape staple foods consumption Local sourcing and the New Nordic ethos fuel interest in traditional and plant-forward staples Growing focus on sustainable dietary choices reshapes demand patterns

WHAT'S NEXT?

Stable value growth expected as health, sustainability and product variety continue to influence demand More targeted health and wellness innovation emerges as consumers seek functional benefits

Distribution evolves as e-commerce strengthens and sustainability shapes supply chain strategies

COMPETITIVE LANDSCAPE

Established domestic players maintain leadership through strong sourcing and trusted local brands Premium organic producers and private label intensify competitive pressure

CHANNELS

Supermarkets retain a dominant role due to broad assortments and strong shopper loyalty Retail e-commerce accelerates as digital habits persist and assortment breadth expands

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