

# Processed Fruit and Vegetables in Poland

November 2025

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## Processed Fruit and Vegetables in Poland - Category analysis

## **KEY DATA FINDINGS**

## 2025 DEVELOPMENTS

Convenience, affordability and wellness focus sustain strong category performance

## INDUSTRY PERFORMANCE

Processed fruit and vegetables sustain double-digit value growth amid inflation and changing habits Frozen fruit and vegetables lead category performance with focus on convenience and quality

## WHAT'S NEXT?

Sustained growth driven by health awareness and practical consumption habits Health and wellness trends strengthen focus on fibre, purity and clean labels Air fryer adoption and home cooking trends expand consumption occasions

## COMPETITIVE LANDSCAPE

Jeronimo Martins Polska strengthens leadership through private label and pricing strategy Auchan Polska gains momentum through innovation in frozen potato products

## **CHANNELS**

Discounters dominate through affordability and assortment breadth Small local grocers thrive on proximity and tailored offerings

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# Staple Foods in Poland - Industry Overview

# EXECUTIVE SUMMARY

Affordability, private label expansion and health awareness drive category growth

# KEY DATA FINDINGS

# INDUSTRY PERFORMANCE

Plant-based and sustainable diets gain momentum among younger consumers Clean labels and natural positioning shape product development

## WHAT'S NEXT?

Everyday staples sustain future growth amid mature consumption patterns

Private label continues to expand through affordability and improved perception

Discounters and convenience stores reinforce accessibility while e-commerce evolves

#### COMPETITIVE LANDSCAPE

Artisanal baked goods strengthen appeal through quality, freshness and authenticity Vivera capitalises on plant-based momentum with broad retail presence

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Discounters consolidate dominance through price leadership and trust Convenience stores gain ground through proximity and flexible shopping missions

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