

Sugar and Sweeteners in Japan

December 2025

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Sugar and Sweeteners in Japan - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Mixed fortunes for sugar and sweeteners in 2025

INDUSTRY PERFORMANCE

Financial pressures and rising health concerns limit growth opportunities in 2025 White sugar retains its popularity but players starting to explore other alternatives

WHAT'S NEXT?

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EXECUTIVE SUMMARY

Rising prices and a shrinking population limit growth opportunities in 2025

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INDUSTRY PERFORMANCE

Fresh food sees mixed results in 2025 as foodservice outperforms retail growth Smaller households and the search for convenience informs market demand Economic pressures forcing players to rethink their strategies

WHAT'S NEXT?

The search for convenient meal solutions and an ageing population set to restrict growth "Imperfect" produce could deliver growth opportunities

E-commerce still full of potential but store-based retailers will remain dominant

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