

Starchy Roots in Japan

December 2025

Table of Contents

Starchy Roots in Japan - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Polarised performances seen from starchy roots in foodservice and retail channels

INDUSTRY PERFORMANCE

Increase in foodservice demand helps offset decline in retail volume sales in 2025 Smaller packaging formats align with changing household demographics

WHAT'S NEXT?

Sweet potatoes set to bring some optimism to the market Imperfect starchy roots could find appeal among price-sensitive consumers Summary 1 - Major Processors of Starchy Roots 2025

CATEGORY DATA

- Table 1 Total Sales of Starchy Roots by Category: Total Volume 2020-2025
- Table 2 Total Sales of Starchy Roots by Category: % Total Volume Growth 2020-2025
- Table 3 Retail Sales of Starchy Roots by Category: Volume 2020-2025
- Table 4 Retail Sales of Starchy Roots by Category: % Volume Growth 2020-2025
- Table 5 Retail Sales of Starchy Roots by Category: Value 2020-2025
- Table 6 Retail Sales of Starchy Roots by Category: % Value Growth 2020-2025
- Table 7 Retail Sales of Starchy Roots by Packaged vs Unpackaged: % Volume 2020-2025
- Table 8 Forecast Total Sales of Starchy Roots by Category: Total Volume 2025-2030
- Table 9 Forecast Total Sales of Starchy Roots by Category: % Total Volume Growth 2025-2030
- Table 10 Forecast Retail Sales of Starchy Roots by Category: Volume 2025-2030
- Table 11 Forecast Retail Sales of Starchy Roots by Category: % Volume Growth 2025-2030
- Table 12 Forecast Retail Sales of Starchy Roots by Category: Value 2025-2030
- Table 13 Forecast Retail Sales of Starchy Roots by Category: % Value Growth 2025-2030

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Fresh Food in Japan - Industry Overview

EXECUTIVE SUMMARY

Rising prices and a shrinking population limit growth opportunities in 2025

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Fresh food sees mixed results in 2025 as foodservice outperforms retail growth Smaller households and the search for convenience informs market demand Economic pressures forcing players to rethink their strategies

WHAT'S NEXT?

The search for convenient meal solutions and an ageing population set to restrict growth "Imperfect" produce could deliver growth opportunities

E-commerce still full of potential but store-based retailers will remain dominant

CHANNELS

Supermarkets continue to dominate but other channels make inroads

Retail e-commerce still full of potential despite reduced growth opportunities

MARKET DATA

- Table 14 Total Sales of Fresh Food by Category: Total Volume 2020-2025
- Table 15 Total Sales of Fresh Food by Category: % Total Volume Growth 2020-2025
- Table 16 Retail Sales of Fresh Food by Category: Volume 2020-2025
- Table 17 Retail Sales of Fresh Food by Category: % Volume Growth 2020-2025
- Table 18 Retail Sales of Fresh Food by Category: Value 2020-2025
- Table 19 Retail Sales of Fresh Food by Category: % Value Growth 2020-2025
- Table 20 Retail Sales of Fresh Food by Packaged vs Unpackaged: % Volume 2020-2025
- Table 21 Retail Distribution of Fresh Food by Format: % Volume 2020-2025
- Table 22 Forecast Total Sales of Fresh Food by Category: Total Volume 2025-2030
- Table 23 Forecast Total Sales of Fresh Food by Category: % Total Volume Growth 2025-2030
- Table 24 Forecast Retail Sales of Fresh Food by Category: Volume 2025-2030
- Table 25 Forecast Retail Sales of Fresh Food by Category: % Volume Growth 2025-2030
- Table 26 Forecast Retail Sales of Fresh Food by Category: Value 2025-2030
- Table 27 Forecast Retail Sales of Fresh Food by Category: % Value Growth 2025-2030

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SOURCES

Summary 2 - Research Sources

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