

# Starchy Roots in the United Arab Emirates

December 2025

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## Starchy Roots in the United Arab Emirates - Category analysis

## KEY DATA FINDINGS

## 2025 DEVELOPMENTS

Starchy roots remains a key staple with new trends adding interest

#### INDUSTRY PERFORMANCE

Potatoes retain leadership as population growth and foodservice drives demand Cassava gains traction through tapioca and bubble tea applications

## WHAT'S NEXT?

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## Fresh Food in the United Arab Emirates - Industry Overview

# **EXECUTIVE SUMMARY**

Fresh food sales on the rise as consumers pursue healthier lifestyles

## **KEY DATA FINDINGS**

## INDUSTRY PERFORMANCE

Fresh food in 2025: The big picture

Price sensitivity and busy lifestyles impact consumer shopping behaviour Focus shifts to sustainable and reliable supply chains for key fresh foods

## WHAT'S NEXT?

Supply chain stability will be key to growth over the forecast period

The shift towards healthier lifestyles should benefit fresh food sales

The United Arab Emirates set to be a benchmark for a modern fresh food ecosystem

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  country-specific local insight and comprehensive data, unavailable elsewhere.

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