

# Dietary Supplements in Costa Rica

October 2024

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## Dietary Supplements in Costa Rica - Category analysis

#### **KEY DATA FINDINGS**

#### 2024 DEVELOPMENTS

Growing adoption of preventive health behaviours favours dietary supplements

Appreciation of local currency improves supply of imported brands

Products incorporating CBD become more widely available

### PROSPECTS AND OPPORTUNITIES

Outlook for dietary supplements remains bright
Interest in herbal/traditional products expected to rise
Adoption of healthier eating habits likely to constrain growth potential

#### **CATEGORY DATA**

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