

# Edible Oils in Japan

November 2025

**Table of Contents** 

# Edible Oils in Japan - Category analysis

#### **KEY DATA FINDINGS**

#### 2025 DEVELOPMENTS

Other edible oil outperforms thanks to price advantage

## INDUSTRY PERFORMANCE

Other edible oil outperforms thanks to price advantage

Olive oil struggles due to price hikes

# WHAT'S NEXT?

Olive oil slump to persist amid high price sensitivity

Healthy oils to remain consumer favourites

Packaging innovation and recycling drive new appeal

#### COMPETITIVE LANDSCAPE

Nisshin Oillio continues to lead edible oils in Japan

Flavoured oils expand in response to increasingly sophisticated demand

#### **CHANNELS**

Shifting dynamics in Japan's edible oil retail landscape: the rise of drugstores

Retail e-commerce rises fastest but remains minor channel in edible oils

#### **CATEGORY DATA**

Table 1 - Sales of Edible Oils by Category: Volume 2020-2025

Table 2 - Sales of Edible Oils by Category: Value 2020-2025

Table 3 - Sales of Edible Oils by Category: % Volume Growth 2020-2025

Table 4 - Sales of Edible Oils by Category: % Value Growth 2020-2025

Table 5 - NBO Company Shares of Edible Oils: % Value 2021-2025

Table 6 - LBN Brand Shares of Edible Oils: % Value 2022-2025

Table 7 - Distribution of Edible Oils by Format: % Value 2020-2025

Table 8 - Forecast Sales of Edible Oils by Category: Volume 2025-2030

Table 9 - Forecast Sales of Edible Oils by Category: Value 2025-2030

Table 10 - Forecast Sales of Edible Oils by Category: % Volume Growth 2025-2030

Table 11 - Forecast Sales of Edible Oils by Category: % Value Growth 2025-2030

### COUNTRY REPORTS DISCLAIMER

# Cooking Ingredients and Meals in Japan - Industry Overview

## **EXECUTIVE SUMMARY**

Consumers cut back due to inflationary pressures

## **KEY DATA FINDINGS**

## INDUSTRY PERFORMANCE

Unit price hikes push value sales in 2025

Convenience demand intensifies, shaping innovation

Surging costs in rice result in consumer shift towards alternatives, impacting preferences in ingredients

### WHAT'S NEXT?

Continued shift away from rice and towards alternative staples

Anticipated rising demand for ingredients suited to pasta and flour-based meals

#### COMPETITIVE LANDSCAPE

Domestic players dominate a highly fragmented landscape

Leading companies maintain stronghold through rapid response to evolving demand

#### **CHANNELS**

Convenience stores sees expansion as hybrid work models gain ground Drugstores invest in broadening offer while e-commerce rises slowly

### MARKET DATA

- Table 12 Sales of Cooking Ingredients and Meals by Category: Volume 2020-2025
- Table 13 Sales of Cooking Ingredients and Meals by Category: Value 2020-2025
- Table 14 Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2020-2025
- Table 15 Sales of Cooking Ingredients and Meals by Category: % Value Growth 2020-2025
- Table 16 NBO Company Shares of Cooking Ingredients and Meals: % Value 2021-2025
- Table 17 LBN Brand Shares of Cooking Ingredients and Meals: % Value 2022-2025
- Table 18 Penetration of Private Label by Category: % Value 2020-2025
- Table 19 Distribution of Cooking Ingredients and Meals by Format: % Value 2020-2025
- Table 20 Forecast Sales of Cooking Ingredients and Meals by Category: Volume 2025-2030
- Table 21 Forecast Sales of Cooking Ingredients and Meals by Category: Value 2025-2030
- Table 22 Forecast Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2025-2030
- Table 23 Forecast Sales of Cooking Ingredients and Meals by Category: % Value Growth 2025-2030

#### COUNTRY REPORTS DISCLAIMER

#### **SOURCES**

Summary 1 - Research Sources

# **About Euromonitor International**

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focusing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer
  trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with
  country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/edible-oils-in-japan/report.