

Edible Oils in New Zealand

November 2025

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Edible Oils in New Zealand - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Sales benefit from consumers buying a range of options

INDUSTRY PERFORMANCE

Volumes rebound while value edges higher on mix and renewed confidence Olive oil dynamics highlight the importance of supply resilience and transparent pricing

WHAT'S NEXT?

Steady value growth shaped by wellness demand and more resilient sourcing Health and wellness priorities elevate extra-virgin and high-heat choices

COMPETITIVE LANDSCAPE

Foodstuffs strengthens its lead by meeting value needs without dropping quality cues William Aitken & Co stabilises premium olive with a quality-first, standards-led stance

CHANNELS

Supermarkets remain the anchor as private label brands widen everyday choice E-commerce grows from a small base as omnichannel habits bed in

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Cooking Ingredients and Meals in New Zealand - Industry Overview

EXECUTIVE SUMMARY

Price-sensitivity persists, benefiting private label

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Health and wellness steer product development
Reformulation and transparency reshape sauces and condiments
From "quick fixes" to "fakeaways"

WHAT'S NEXT?

Moderate value growth amid cost and supply pressures
Health and wellness define long-term value
Market reform and digital retail transformation

COMPETITIVE LANDSCAPE

Heinz Wattie's maintains market leadership Foodstuffs drives growth through Pams private label

CHANNELS

Supermarkets remain the dominant retail format E-commerce emerges as the most dynamic channel

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