

Rice, Pasta and Noodles in Australia

November 2025

Table of Contents

Rice, Pasta and Noodles in Australia - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Price-sensitive consumers seeking bulk value packs

INDUSTRY PERFORMANCE

Demand for staple carbohydrates strong amidst higher cost of living Rice sees strongest growth, supported by interest in new cuisines

WHAT'S NEXT?

Steady growth forecast with consumer demand remaining consistent

Healthy options to keep category relevant to consumers in the long term

Demand for convenience to remain strong growth driver over forecast period

COMPETITIVE LANDSCAPE

Minimal changes in competitive landscape due to limited category innovation Growing opportunities for private labels to retain new influx of customers

CHANNELS

Supermarkets leads sales of rice, pasta and noodles

E-commerce experiencing rapid growth as consumers shift to online grocery shopping

CATEGORY DATA

- Table 1 Sales of Rice, Pasta and Noodles by Category: Volume 2020-2025
- Table 2 Sales of Rice, Pasta and Noodles by Category: Value 2020-2025
- Table 3 Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2020-2025
- Table 4 Sales of Rice, Pasta and Noodles by Category: % Value Growth 2020-2025
- Table 5 Sales of Instant Noodles by Leading Flavours: Rankings 2020-2025
- Table 6 NBO Company Shares of Rice, Pasta and Noodles: % Value 2021-2025
- Table 7 LBN Brand Shares of Rice, Pasta and Noodles: % Value 2022-2025
- Table 8 NBO Company Shares of Rice: % Value 2021-2025
- Table 9 LBN Brand Shares of Rice: % Value 2022-2025
- Table 10 NBO Company Shares of Pasta: % Value 2021-2025
- Table 11 LBN Brand Shares of Pasta: % Value 2022-2025
- Table 12 NBO Company Shares of Noodles: % Value 2021-2025
- Table 13 LBN Brand Shares of Noodles: % Value 2022-2025
- Table 14 Distribution of Rice, Pasta and Noodles by Format: % Value 2020-2025
- Table 15 Distribution of Rice by Format: % Value 2020-2025
- Table 16 Distribution of Pasta by Format: % Value 2020-2025
- Table 17 Distribution of Noodles by Format: % Value 2020-2025
- Table 18 Forecast Sales of Rice, Pasta and Noodles by Category: Volume 2025-2030
- Table 19 Forecast Sales of Rice, Pasta and Noodles by Category: Value 2025-2030
- Table 20 Forecast Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2025-2030
- Table 21 Forecast Sales of Rice, Pasta and Noodles by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

Staple Foods in Australia - Industry Overview

EXECUTIVE SUMMARY

Private label benefits from rising price-sensitivity

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Economic conditions continue to weigh on consumers' minds Changing consumption habits

WHAT'S NEXT?

Essential status to provide resilience Changing lifestyles and behaviours Targeting budget conscious consumers

COMPETITIVE LANDSCAPE

Retailers lead the market Private label dynamism

CHANNELS

Supermarkets is the dominant channel Supermarkets is the dominant channel

MARKET DATA

Table 22 - Sales of Staple Foods by Category: Volume 2020-2025

Table 23 - Sales of Staple Foods by Category: Value 2020-2025

Table 24 - Sales of Staple Foods by Category: % Volume Growth 2020-2025

Table 25 - Sales of Staple Foods by Category: % Value Growth 2020-2025

Table 26 - NBO Company Shares of Staple Foods: % Value 2021-2025

Table 27 - LBN Brand Shares of Staple Foods: % Value 2022-2025

Table 28 - Penetration of Private Label by Category: % Value 2020-2025

Table 29 - Distribution of Staple Foods by Format: % Value 2020-2025

Table 30 - Forecast Sales of Staple Foods by Category: Volume 2025-2030

Table 31 - Forecast Sales of Staple Foods by Category: Value 2025-2030

Table 32 - Forecast Sales of Staple Foods by Category: % Volume Growth 2025-2030

Table 33 - Forecast Sales of Staple Foods by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

SOURCES

Summary 1 - Research Sources

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focusing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer
 trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with
 country-specific local insight and comprehensive data, unavailable elsewhere.