



Euromonitor
International

Sugar and Sweeteners in the United Kingdom

December 2025

Table of Contents

Sugar and Sweeteners in the United Kingdom - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Health concerns continue to eat away at sales of sugar

INDUSTRY PERFORMANCE

Natural sweeteners gain ground as consumers reduce their sugar intake

Cost pressures push households towards private label and bulk sugar options

WHAT'S NEXT?

Health policies and reformulation targets set to drive continued decline in sugar sales

Premiumisation emerges as provenance and wellness claims reshape sweeteners

Summary 1 - Major Processors of Sugar and Sweeteners 2025

CATEGORY DATA

Table 1 - Total Sales of Sugar and Sweeteners: Total Volume 2020-2025

Table 2 - Total Sales of Sugar and Sweeteners: % Total Volume Growth 2020-2025

Table 3 - Retail Sales of Sugar and Sweeteners: Volume 2020-2025

Table 4 - Retail Sales of Sugar and Sweeteners: % Volume Growth 2020-2025

Table 5 - Retail Sales of Sugar and Sweeteners: Value 2020-2025

Table 6 - Retail Sales of Sugar and Sweeteners: % Value Growth 2020-2025

Table 7 - Retail Sales of Sugar and Sweeteners by Packaged vs Unpackaged: % Volume 2020-2025

Table 8 - Forecast Total Sales of Sugar and Sweeteners: Total Volume 2025-2030

Table 9 - Forecast Total Sales of Sugar and Sweeteners: % Total Volume Growth 2025-2030

Table 10 - Forecast Retail Sales of Sugar and Sweeteners: Volume 2025-2030

Table 11 - Forecast Retail Sales of Sugar and Sweeteners: % Volume Growth 2025-2030

Table 12 - Forecast Retail Sales of Sugar and Sweeteners: Value 2025-2030

Table 13 - Forecast Retail Sales of Sugar and Sweeteners: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

Fresh Food in the United Kingdom - Industry Overview

EXECUTIVE SUMMARY

Fresh food sees solid growth in 2025 despite headwinds

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Fresh food sales influenced by economic pressures and health concerns in 2025

Financial pressures push consumers to favour cheaper alternatives

Despite supply pressures demand for many fresh foods remains strong

WHAT'S NEXT?

Positive outlook for the UK's fresh food market

Healthy eating campaigns should benefit fresh food sales

Sustainability a growing concern

CHANNELS

Supermarkets, hypermarkets and discounters dominate sales of fresh food

Sustainability adds value to the market

MARKET DATA

Table 14 - Total Sales of Fresh Food by Category: Total Volume 2020-2025
Table 15 - Total Sales of Fresh Food by Category: % Total Volume Growth 2020-2025
Table 16 - Retail Sales of Fresh Food by Category: Volume 2020-2025
Table 17 - Retail Sales of Fresh Food by Category: % Volume Growth 2020-2025
Table 18 - Retail Sales of Fresh Food by Category: Value 2020-2025
Table 19 - Retail Sales of Fresh Food by Category: % Value Growth 2020-2025
Table 20 - Retail Sales of Fresh Food by Packaged vs Unpackaged: % Volume 2020-2025
Table 21 - Retail Distribution of Fresh Food by Format: % Volume 2020-2025
Table 22 - Forecast Total Sales of Fresh Food by Category: Total Volume 2025-2030
Table 23 - Forecast Total Sales of Fresh Food by Category: % Total Volume Growth 2025-2030
Table 24 - Forecast Retail Sales of Fresh Food by Category: Volume 2025-2030
Table 25 - Forecast Retail Sales of Fresh Food by Category: % Volume Growth 2025-2030
Table 26 - Forecast Retail Sales of Fresh Food by Category: Value 2025-2030
Table 27 - Forecast Retail Sales of Fresh Food by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

SOURCES

Summary 2 - Research Sources

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/sugar-and-sweeteners-in-the-united-kingdom/report.