

# Sweet Spreads in Guatemala

November 2025

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## Sweet Spreads in Guatemala - Category analysis

#### **KEY DATA FINDINGS**

#### 2025 DEVELOPMENTS

Widening range of flavours and formats boosts interest

#### INDUSTRY PERFORMANCE

Growth supported by an expanding variety of flavours, packaging formats

Price surges fuel value growth of chocolate spreads

#### WHAT'S NEXT?

Steady growth supported by expanding flavour variety, packaging innovation and broad consumer appeal

Reduced-sugar formulations increasingly important in marmalade

Innovation could expand honey's appeal

#### COMPETITIVE LANDSCAPE

Envasadora de Alimentos y Conservas SA's Ana Belly brand enjoys strong brand recognition across income groups Nutella benefits from its positioning as a premium yet accessible indulgence

#### **CHANNELS**

Supermarkets lead, offering a convenient and accessible shopping environment

Expansion of hypermarkets, discounters and e-commerce

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# Cooking Ingredients and Meals in Guatemala - Industry Overview

#### **EXECUTIVE SUMMARY**

Inflation eases but pricing remains key factor

#### **KEY DATA FINDINGS**

# INDUSTRY PERFORMANCE

Rising health consciousness shapes purchasing decisions

Changing consumer preferences

# WHAT'S NEXT?

Growing focus on variety and flavour innovation

Rising demand for convenient products that offer both flavour and nutritional value

#### COMPETITIVE LANDSCAPE

#### **CHANNELS**

Small local grocers lead, benefiting from an extensive national reach

Modern retailers appeal to shoppers who value wider product variety, convenience and competitive pricing E-commerce gains traction

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