

Rice, Pasta and Noodles in Colombia

November 2025

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Rice, Pasta and Noodles in Colombia - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Sales of rice, pasta and noodles see an improved performance, supported by baseline demand

INDUSTRY PERFORMANCE

Packaged rice remains a staple in Colombian households

Instant noodle cups sees significant growth, thanks to offering convenience to busy consumers

WHAT'S NEXT?

Diversification and cultural influences influence ingredients and formats

Emerging opportunities for ready-to-eat rice and pasta

Colombian biofortified zinc: a promising solution to zinc deficiency

COMPETITIVE LANDSCAPE

Diana Corporación benefits from its strength in rice and widespread distribution

Option benefits from its all-format offering across noodles

CHANNELS

Modern outlets continue to put pressure on traditional channels

Discounters and convenience stores also embrace omnichannel strategies

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Staple Foods in Colombia - Industry Overview

EXECUTIVE SUMMARY

Positive sales in both value and volume, supported by home cooking trends

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Home meal preparation and budget-friendly options drive sales

Growing focus on quality, despite ongoing price sensitivity

Evolving lifestyles and global cultural influences reshape consumer preferences

WHAT'S NEXT?

Ongoing positive sales, supported by polarised trends of premiumisation and affordability Ongoing health and wellness trends focus on nutritional options — even at higher prices

Expansion of convenience stores in line with urbanisation

COMPETITIVE LANDSCAPE

Zenú, Bimbo, and Diana all in close brand competition, with combined private label holding the largest share Nutrimenti de Colombia benefits from broad portfolio penetration, while Option meets modern demands

CHANNELS

Small local grocers remain a cornerstone in distribution, but are facing rising competition from modern outlets Convenience stores rise as a key distribution channel for busy urban consumers

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