



Euromonitor
International

Cooking Ingredients and Meals in Uzbekistan

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Cooking Ingredients and Meals in Uzbekistan

EXECUTIVE SUMMARY

Urbanisation and convenience drive growth

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Rising prices and shifting lifestyles drive value growth

Retailers turn to private labels to offset price pressures, especially in edible oils

Trend towards greater culinary experimentation

WHAT'S NEXT?

Steady growth ahead, driven by convenience

Uzbek government extends zero import duties to support access and price stability

Large modern retailers will continue strengthen their market position through private labels

COMPETITIVE LANDSCAPE

Chernozemye OOO maintains leadership through strong edible oil brands

Grand Eco Products is the most dynamic player

CHANNELS

Small local grocers retain a dominant presence

E-commerce registers fastest growth, albeit from low base

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Traditional preferences continue to shape the edible oils market

INDUSTRY PERFORMANCE

Traditional cooking habits sustain robust growth

Consumers trade up to sunflower oil as health perceptions drive growth

WHAT'S NEXT?

Edible oils will retain essential role in Uzbek cooking

Private labels to gain ground

Government initiatives to promote oilseed diversification will support price stability

COMPETITIVE LANDSCAPE

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INDUSTRY PERFORMANCE

Rising freezer ownership drives demand for convenient meal solutions

Frozen ready meals leads growth

WHAT'S NEXT?

Busier consumer lifestyles will drive demand in urban centres

Health and wellness trends to have limited influence on meals and soups

Halal certification will remain central to consumer trust in meals and soups

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INDUSTRY PERFORMANCE

Herbs and spices continues to play central role

Ketchup leads growth

WHAT'S NEXT?

Steady growth expected, driven by herbs, spices, and diversified offerings

Health and wellness trends will have limited influence

Government extends zero import duties

COMPETITIVE LANDSCAPE

Essen Production AG strengthens leadership through broad portfolio and value positioning

Baltimor Holding gains ground

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INDUSTRY PERFORMANCE

Market for sweet spreads continues to expand, driven by consumer shift towards packaged honey

Nut and seed based spreads leads value growth

WHAT'S NEXT?

Everyday use will sustain demand, while emerging categories offer new growth opportunities

Health-focused sweet spreads to gain traction through online channels

Extension of zero import duties supports local production and innovation

COMPETITIVE LANDSCAPE

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Polat A Sh is strongest performer

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