



Euromonitor
International

Cooking Ingredients and Meals in Peru

November 2025

Table of Contents

EXECUTIVE SUMMARY

Economic improvements and rising local production boost sales

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

- Health awareness shapes gradual product reformulation and preference shifts
- Private label brands extend reach through quality and affordability
- Flavour innovation aligned with Peruvian culinary heritage
- Small pack formats enhance accessibility in traditional retail

WHAT'S NEXT?

- Continued expansion driven by economic stability and active marketing
- Wider distribution across both traditional and modern channels
- Innovation focused on health, quality, and local taste preferences
- Macroeconomic stability to sustain purchasing confidence
- Premium imports to diversify offerings for affluent consumers
- Small packaging to reinforce household penetration

COMPETITIVE LANDSCAPE

- Alicorp SAA consolidates its dominant leadership across multiple categories
- KL Import Export Peru SAC expands national footprint through Soya brand
- ADM Sao Peru SA strengthens presence in vegetable oils

CHANNELS

- Small local grocers maintain leadership through proximity and trust
- Hypermarkets emerge as the most dynamic channel
- E-commerce continues gradual expansion

MARKET DATA

- Table 1 - Sales of Cooking Ingredients and Meals by Category: Volume 2020-2025
- Table 2 - Sales of Cooking Ingredients and Meals by Category: Value 2020-2025
- Table 3 - Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2020-2025
- Table 4 - Sales of Cooking Ingredients and Meals by Category: % Value Growth 2020-2025
- Table 5 - NBO Company Shares of Cooking Ingredients and Meals: % Value 2021-2025
- Table 6 - LBN Brand Shares of Cooking Ingredients and Meals: % Value 2022-2025
- Table 7 - Penetration of Private Label by Category: % Value 2020-2025
- Table 8 - Distribution of Cooking Ingredients and Meals by Format: % Value 2020-2025
- Table 9 - Forecast Sales of Cooking Ingredients and Meals by Category: Volume 2025-2030
- Table 10 - Forecast Sales of Cooking Ingredients and Meals by Category: Value 2025-2030
- Table 11 - Forecast Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2025-2030
- Table 12 - Forecast Sales of Cooking Ingredients and Meals by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

SOURCES

Summary 1 - Research Sources

[Edible Oils in Peru](#)

KEY DATA FINDINGS

2025 DEVELOPMENTS

Recovery supported by improved local and import supply

INDUSTRY PERFORMANCE

Stable inflation and economic recovery drive consumption rebound

Olive oil recovery leads category value growth

WHAT'S NEXT?

Sustained growth expected through economic stability and marketing dynamism

Healthier oils and functional benefits to shape demand

Intensifying competition and new market entrants

New national standard to enhance olive oil quality and export potential

COMPETITIVE LANDSCAPE

Alicorp SAA consolidates leadership through brand strength and nationwide reach

KL Import Export Peru SAC gains momentum with Soya brand

CHANNELS

Traditional retailers remain dominant but modern formats gain ground

Hypermarkets lead modern retail growth through wider assortment and promotions

CATEGORY DATA

Table 13 - Sales of Edible Oils by Category: Volume 2020-2025

Table 14 - Sales of Edible Oils by Category: Value 2020-2025

Table 15 - Sales of Edible Oils by Category: % Volume Growth 2020-2025

Table 16 - Sales of Edible Oils by Category: % Value Growth 2020-2025

Table 17 - NBO Company Shares of Edible Oils: % Value 2021-2025

Table 18 - LBN Brand Shares of Edible Oils: % Value 2022-2025

Table 19 - Distribution of Edible Oils by Format: % Value 2020-2025

Table 20 - Forecast Sales of Edible Oils by Category: Volume 2025-2030

Table 21 - Forecast Sales of Edible Oils by Category: Value 2025-2030

Table 22 - Forecast Sales of Edible Oils by Category: % Volume Growth 2025-2030

Table 23 - Forecast Sales of Edible Oils by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

[Meals and Soups in Peru](#)

KEY DATA FINDINGS

2025 DEVELOPMENTS

Widening range in retailers supports growth

INDUSTRY PERFORMANCE

Growth continues from a small base as home cooking habits persist

Greater visibility and innovation lift awareness and acceptance

Chilled and frozen lines gain traction on taste, convenience and perceived freshness

WHAT'S NEXT?

Measured expansion expected as brands court habitual cooks

Frozen pizza primed to benefit from convenience retail and modern grocery breadth

Winning propositions will balance flavour, value and real-life practicality

COMPETITIVE LANDSCAPE

RAM Industries SAC leads with Peru-inspired ready meals and strong retail reach

Redondos SA is the most dynamic player with protein-led innovation

CHANNELS

Traditional stores remain an important access point, especially for ambient lines
Modern grocery gains momentum on assortment depth and cold-chain capability

CATEGORY DATA

- Table 24 - Sales of Meals and Soups by Category: Volume 2020-2025
- Table 25 - Sales of Meals and Soups by Category: Value 2020-2025
- Table 26 - Sales of Meals and Soups by Category: % Volume Growth 2020-2025
- Table 27 - Sales of Meals and Soups by Category: % Value Growth 2020-2025
- Table 28 - Sales of Chilled Ready Meals by Ethnicity: % Value 2020-2025
- Table 29 - Sales of Frozen Ready Meals by Ethnicity: % Value 2020-2025
- Table 30 - Sales of Soup by Leading Flavours: Rankings 2020-2025
- Table 31 - NBO Company Shares of Meals and Soups: % Value 2021-2025
- Table 32 - LBN Brand Shares of Meals and Soups: % Value 2022-2025
- Table 33 - Distribution of Meals and Soups by Format: % Value 2020-2025
- Table 34 - Forecast Sales of Meals and Soups by Category: Volume 2025-2030
- Table 35 - Forecast Sales of Meals and Soups by Category: Value 2025-2030
- Table 36 - Forecast Sales of Meals and Soups by Category: % Volume Growth 2025-2030
- Table 37 - Forecast Sales of Meals and Soups by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

Sauces, Dips and Condiments in Peru

KEY DATA FINDINGS

2025 DEVELOPMENTS

Strong marketing and steady prices support demand

INDUSTRY PERFORMANCE

Economic stability and marketing intensity drive robust expansion
Chilli sauces surge on flavour diversity and cultural resonance

WHAT'S NEXT?

Continued strong trajectory anchored in innovation and wider reach
Asian sauces and fusion flavours expected to gain share
Flavour innovation rooted in local taste preferences
Smaller packaging extends reach and affordability

COMPETITIVE LANDSCAPE

Alicorp SAA consolidates dominant leadership through brand strength
Alicorp SAA maintains momentum through marketing and pack innovation

CHANNELS

Traditional stores retain dominance through convenience and trust
Hypermarkets and supermarkets drive modern trade expansion

CATEGORY DATA

- Table 38 - Sales of Sauces, Dips and Condiments by Category: Volume 2020-2025
- Table 39 - Sales of Sauces, Dips and Condiments by Category: Value 2020-2025
- Table 40 - Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2020-2025
- Table 41 - Sales of Sauces, Dips and Condiments by Category: % Value Growth 2020-2025
- Table 42 - Sales of Liquid Recipe Sauces by Type: % Value 2020-2025
- Table 43 - Sales of Other Sauces and Condiments by Type: Rankings 2020-2025

Table 44 - NBO Company Shares of Sauces, Dips and Condiments: % Value 2021-2025
Table 45 - LBN Brand Shares of Sauces, Dips and Condiments: % Value 2022-2025
Table 46 - Distribution of Sauces, Dips and Condiments by Format: % Value 2020-2025
Table 47 - Forecast Sales of Sauces, Dips and Condiments by Category: Volume 2025-2030
Table 48 - Forecast Sales of Sauces, Dips and Condiments by Category: Value 2025-2030
Table 49 - Forecast Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2025-2030
Table 50 - Forecast Sales of Sauces, Dips and Condiments by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

Sweet Spreads in Peru

KEY DATA FINDINGS

2025 DEVELOPMENTS

Health concerns deter many from buying

INDUSTRY PERFORMANCE

Moderate expansion constrained by sugar awareness

Jams and preserves retain leadership supported by strong distribution

WHAT'S NEXT?

Gradual recovery expected as players diversify with natural and low-sugar options

Honey poised for strongest expansion as a natural, health-positioned product

Private label gains ground through quality, affordability and assortment

COMPETITIVE LANDSCAPE

Molitalia SA maintains clear leadership through brand heritage and broad coverage

Gloria SA demonstrates strong dynamism through logistics reach and distribution power

CHANNELS

Traditional trade remains dominant due to convenience and community links

Modern grocery strengthens presence through wider ranges and promotions

CATEGORY DATA

Table 51 - Sales of Sweet Spreads by Category: Volume 2020-2025
Table 52 - Sales of Sweet Spreads by Category: Value 2020-2025
Table 53 - Sales of Sweet Spreads by Category: % Volume Growth 2020-2025
Table 54 - Sales of Sweet Spreads by Category: % Value Growth 2020-2025
Table 55 - Sales of Jams and Preserves by Leading Flavours: Rankings 2020-2025
Table 56 - NBO Company Shares of Sweet Spreads: % Value 2021-2025
Table 57 - LBN Brand Shares of Sweet Spreads: % Value 2022-2025
Table 58 - Distribution of Sweet Spreads by Format: % Value 2020-2025
Table 59 - Forecast Sales of Sweet Spreads by Category: Volume 2025-2030
Table 60 - Forecast Sales of Sweet Spreads by Category: Value 2025-2030
Table 61 - Forecast Sales of Sweet Spreads by Category: % Volume Growth 2025-2030
Table 62 - Forecast Sales of Sweet Spreads by Category: % Value Growth 2025-2030

COUNTRY REPORTS DISCLAIMER

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/cooking-ingredients-and-meals-in-peru/report.