

# Cooking Ingredients and Meals in Belgium

November 2025

**Table of Contents** 

# Cooking Ingredients and Meals in Belgium

# **EXECUTIVE SUMMARY**

Good performance as unit prices stabilise

#### **KEY DATA FINDINGS**

## INDUSTRY PERFORMANCE

Convenience and indulgence trends provide key growth drivers

Health and wellness positioning gains weight

Innovation helps to raise the profile of and stimulate interest in meal kits

#### WHAT'S NEXT?

Easing of economic pressures to engender a push-pull effect

Consumers to show sophistication in their product choices

Sunday opening to spur purchases of premium options

# COMPETITIVE LANDSCAPE

Strong private label presence across cooking ingredients and meals

Lotus Bakeries creates dynamism through marketing and advertising

## **CHANNELS**

Supermarkets remains the key channel despite growing competition

Retail e-commerce continues to develop and grow in cooking ingredients and meals

#### MARKET DATA

- Table 1 Sales of Cooking Ingredients and Meals by Category: Volume 2020-2025
- Table 2 Sales of Cooking Ingredients and Meals by Category: Value 2020-2025
- Table 3 Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2020-2025
- Table 4 Sales of Cooking Ingredients and Meals by Category: % Value Growth 2020-2025
- Table 5 NBO Company Shares of Cooking Ingredients and Meals: % Value 2021-2025
- Table 6 LBN Brand Shares of Cooking Ingredients and Meals: % Value 2022-2025
- Table 7 Penetration of Private Label by Category: % Value 2020-2025
- Table 8 Distribution of Cooking Ingredients and Meals by Format: % Value 2020-2025
- Table 9 Forecast Sales of Cooking Ingredients and Meals by Category: Volume 2025-2030
- Table 10 Forecast Sales of Cooking Ingredients and Meals by Category: Value 2025-2030
- Table 11 Forecast Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2025-2030
- Table 12 Forecast Sales of Cooking Ingredients and Meals by Category: % Value Growth 2025-2030

# COUNTRY REPORTS DISCLAIMER

# **SOURCES**

Summary 1 - Research Sources

# Edible Oils in Belgium

# **KEY DATA FINDINGS**

# 2025 DEVELOPMENTS

Unit price dips benefit sales but cost concerns persist

## INDUSTRY PERFORMANCE

Fall in the average unit price sees olive oil rebound in 2025

Olive oil leverages best health and wellness positioning to win consumers' favour

#### WHAT'S NEXT?

Faster retail volume over value (constant 2025 prices) growth as the average unit price drops Shift to out-of-home activities to favour foodservice over retail volume growth Natural/organic claims to gain importance

## COMPETITIVE LANDSCAPE

Private label gains a competitive edge with a good price-quality ratio The fastest-growing players benefit as olive oil prices fall

#### **CHANNELS**

Wide private label offer favours supermarkets

Delivery systems marry convenience to boost e-commerce

## **CATEGORY DATA**

Table 13 - Sales of Edible Oils by Category: Volume 2020-2025

Table 14 - Sales of Edible Oils by Category: Value 2020-2025

Table 15 - Sales of Edible Oils by Category: % Volume Growth 2020-2025

Table 16 - Sales of Edible Oils by Category: % Value Growth 2020-2025

Table 17 - NBO Company Shares of Edible Oils: % Value 2021-2025

Table 18 - LBN Brand Shares of Edible Oils: % Value 2022-2025

Table 19 - Distribution of Edible Oils by Format: % Value 2020-2025

Table 20 - Forecast Sales of Edible Oils by Category: Volume 2025-2030

Table 21 - Forecast Sales of Edible Oils by Category: Value 2025-2030

Table 22 - Forecast Sales of Edible Oils by Category: % Volume Growth 2025-2030

Table 23 - Forecast Sales of Edible Oils by Category: % Value Growth 2025-2030

## COUNTRY REPORTS DISCLAIMER

# Meals and Soups in Belgium

# **KEY DATA FINDINGS**

# 2025 DEVELOPMENTS

Hectic lifestyles fuel demand for convenient options

# INDUSTRY PERFORMANCE

Chilled over frozen variants for quality and health and wellness reasons Strong investment in food kits

## WHAT'S NEXT?

Convenience and innovation to boost demand

Consumers to seek better quality, natural organic ingredients in their meals and soups

Chilled pizza to push foodservice volume sales growth

## COMPETITIVE LANDSCAPE

Private label continues to develop in meals and soups

Smartmat benefits from the growth in popularity of meal kits

## CHANNELS

Supermarkets focus on private label

Distribution improvements and convenience underpin a strong e-commerce performance

## **CATEGORY DATA**

Table 24 - Sales of Meals and Soups by Category: Volume 2020-2025

Table 25 - Sales of Meals and Soups by Category: Value 2020-2025

- Table 26 Sales of Meals and Soups by Category: % Volume Growth 2020-2025
- Table 27 Sales of Meals and Soups by Category: % Value Growth 2020-2025
- Table 28 Sales of Chilled Ready Meals by Ethnicity: % Value 2020-2025
- Table 29 Sales of Frozen Ready Meals by Ethnicity: % Value 2020-2025
- Table 30 Sales of Soup by Leading Flavours: Rankings 2020-2025
- Table 31 NBO Company Shares of Meals and Soups: % Value 2021-2025
- Table 32 LBN Brand Shares of Meals and Soups: % Value 2022-2025
- Table 33 Distribution of Meals and Soups by Format: % Value 2020-2025
- Table 34 Forecast Sales of Meals and Soups by Category: Volume 2025-2030
- Table 35 Forecast Sales of Meals and Soups by Category: Value 2025-2030
- Table 36 Forecast Sales of Meals and Soups by Category: % Volume Growth 2025-2030
- Table 37 Forecast Sales of Meals and Soups by Category: % Value Growth 2025-2030

# COUNTRY REPORTS DISCLAIMER

# Sauces, Dips and Condiments in Belgium

## **KEY DATA FINDINGS**

# 2025 DEVELOPMENTS

Indulgence and convenience trends fuel growth

## INDUSTRY PERFORMANCE

Key health and indulgence trends spur sauces, dips and condiments Company investments boost bouillon's performance

#### WHAT'S NEXT?

Limitations on retail growth amidst changing consumer behaviour Local consumers to embrace international options

Naturalness and taste to drive health and wellness

# COMPETITIVE LANDSCAPE

Unilever Belgium leads with a wide and popular brand portfolio
Barilla Alimentare launches novelties to add dynamism to the category

## CHANNELS

Lower prices help discounters to gain ground on supermarkets

Grocery retailers and pure online retailers develop the offer and sales of sauces, dips and condiments

## **CATEGORY DATA**

- Table 38 Sales of Sauces, Dips and Condiments by Category: Volume 2020-2025
- Table 39 Sales of Sauces, Dips and Condiments by Category: Value 2020-2025
- Table 40 Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2020-2025
- Table 41 Sales of Sauces, Dips and Condiments by Category: % Value Growth 2020-2025
- Table 42 Sales of Liquid Recipe Sauces by Type: % Value 2020-2025
- Table 43 Sales of Other Sauces and Condiments by Type: Rankings 2020-2025
- Table 44 NBO Company Shares of Sauces, Dips and Condiments: % Value 2021-2025
- Table 45 LBN Brand Shares of Sauces, Dips and Condiments: % Value 2022-2025
- Table 46 Distribution of Sauces, Dips and Condiments by Format: % Value 2020-2025
- Table 47 Forecast Sales of Sauces, Dips and Condiments by Category: Volume 2025-2030
- Table 48 Forecast Sales of Sauces, Dips and Condiments by Category: Value 2025-2030
- Table 49 Forecast Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2025-2030
- Table 50 Forecast Sales of Sauces, Dips and Condiments by Category: % Value Growth 2025-2030

#### COUNTRY REPORTS DISCLAIMER

# Sweet Spreads in Belgium

## **KEY DATA FINDINGS**

## 2025 DEVELOPMENTS

Healthy nut and seed based spreads appeal but other products suffer from high prices and unhealthy image

## INDUSTRY PERFORMANCE

Health and wellness positioning drives nut and seed based spreads

Colruyt Group caters to both premium and economy demand with new launches

# WHAT'S NEXT?

Slow rebound anticipated for chocolate spreads as cocoa prices drop from historical highs

Health and wellness to shape new product developments

Premiumisation trend to foster quality over quantity consumption

# COMPETITIVE LANDSCAPE

Nutella leads but comes under pressure

Strong marketing support drives interest in Lotus Biscoff

## **CHANNELS**

Supermarkets expand private label offer of fast-growing nut and seed based spreads

Convenience shopping gains momentum in sweet spreads

## **CATEGORY DATA**

- Table 51 Sales of Sweet Spreads by Category: Volume 2020-2025
- Table 52 Sales of Sweet Spreads by Category: Value 2020-2025
- Table 53 Sales of Sweet Spreads by Category: % Volume Growth 2020-2025
- Table 54 Sales of Sweet Spreads by Category: % Value Growth 2020-2025
- Table 55 Sales of Jams and Preserves by Leading Flavours: Rankings 2020-2025
- Table 56 NBO Company Shares of Sweet Spreads: % Value 2021-2025
- Table 57 LBN Brand Shares of Sweet Spreads: % Value 2022-2025
- Table 58 Distribution of Sweet Spreads by Format: % Value 2020-2025
- Table 59 Forecast Sales of Sweet Spreads by Category: Volume 2025-2030
- Table 60 Forecast Sales of Sweet Spreads by Category: Value 2025-2030
- Table 61 Forecast Sales of Sweet Spreads by Category: % Volume Growth 2025-2030
- Table 62 Forecast Sales of Sweet Spreads by Category: % Value Growth 2025-2030

# COUNTRY REPORTS DISCLAIMER

# About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- Strategy Briefings: Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- Company Profiles: Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.

Country Reports: For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer
trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with
country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/cooking-ingredients-and-meals-in-belgium/report.