

# Cooking Ingredients and Meals in Ireland

November 2025

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## Cooking Ingredients and Meals in Ireland

## **EXECUTIVE SUMMARY**

Price stabilisation supports acceleration in retail volume sales

#### **KEY DATA FINDINGS**

## INDUSTRY PERFORMANCE

Key convenience and healthier eating trends shape demand Local sourcing strikes a note with Irish consumers Premiumisation gains ground but price-quality ratios are often decisive

#### WHAT'S NEXT?

Investment in the offer to keep meals and soups to the fore Innovation and sustainability to fit with consumer wants Regulation to shape supply chains

## COMPETITIVE LANDSCAPE

Private label is a strong and expanding presence Azzurri Restaurants caters to consumers' lifestyle and meal needs

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Supermarkets remain integral to the shopping experience E-commerce's rise highlights changing distribution landscape

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## 2025 DEVELOPMENTS

Positive growth performance despite supply and price challenges

## INDUSTRY PERFORMANCE

Switch away from olive oil to cheaper options amidst price hikes Rapeseed oil shows resilience to post strong growth rates

#### WHAT'S NEXT?

Climate risks and local farming to reshape supply and demand

Innovation around convenience, portion control and ingredient transparency to spur added-value offerings Sustainability concerns and EU regulations push players to adopt responsible sourcing

## COMPETITIVE LANDSCAPE

Growing pressure on the top two brands

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Convenience factor and new products stimulate retail sales growth for meals and soups

## INDUSTRY PERFORMANCE

Food kits retains room for development and growth opportunities

Chilled ready meals gain appeal at the premium end

#### WHAT'S NEXT?

Positive growth outlook to be driven by premiumisation and convenience trends

Functional health and plant-based options to help shape demand

Authentic flavours and local and sustainable sourcing emerge as key growth levers

### COMPETITIVE LANDSCAPE

Green Isle Foods leads a highly fragmented competitive landscape with its flagship Goodfella's brand

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#### INDUSTRY PERFORMANCE

Traditional products struggle to maintain consumer interest

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#### WHAT'S NEXT?

Steady growth in consumption to be driven by sustained interest in cooking and health-focused innovation

Flavour developments to stimulate retail value sales

Sustainability partnerships elevate brand purpose and community impact

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#### **KEY DATA FINDINGS**

#### 2025 DEVELOPMENTS

Sweet spreads enjoy robust popularity amidst price increases

## INDUSTRY PERFORMANCE

Chocolate spreads losing ground amidst shift to health-orientated consumption Nut and seed based spreads develop along health and versatility lines

#### WHAT'S NEXT?

Positive outlook driven by premiumisation and wider consumption occasions Honey and healthier spreads to spur demand Local sourcing and sustainability are set to emerge as critical growth drivers

#### COMPETITIVE LANDSCAPE

Boyne Valley Foods's extensive offer covers consumers' needs and preferences

Jam producers add dynamism to a mature category

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