

# Cooking Ingredients and Meals in Ukraine

November 2025

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### Cooking Ingredients and Meals in Ukraine

### **EXECUTIVE SUMMARY**

Economic stabilisation and consumer adaptation define performance

#### **KEY DATA FINDINGS**

### INDUSTRY PERFORMANCE

Health-conscious choices remain important despite economic pressure Local origin and patriotism shape purchasing behaviour Consumers value trust, quality, and simple enjoyment

#### WHAT'S NEXT?

Gradual recovery expected as stability improves

Brands to focus on affordability, relevance, and younger audiences

E-commerce and convenience channels to gain traction

### COMPETITIVE LANDSCAPE

Nestlé strengthens leadership through local investment and resilience Domestic producers expand reach through affordability and availability Private label gains momentum amid affordability focus

### **CHANNELS**

Supermarkets retain dominance amid shifting shopping behaviour E-commerce expands as online shopping becomes mainstream Variety stores like Avrora expand visibility for affordable products

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Soy oil posts the strongest value growth

### WHAT'S NEXT?

Recovery and diversification expected to drive growth

Product innovation continues despite difficult conditions

Rapeseed oil development reflects local innovation capacity

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Broader distribution and product diversity support category expansion

### WHAT'S NEXT?

Retailer-driven innovation to shape future growth

Health and wellness remain a niche focus amid affordability concerns

Shelf-stable innovation and home cooking to continue influencing demand

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### 2025 DEVELOPMENTS

Home cooking, flavour diversification, and health shifts drive performance

### INDUSTRY PERFORMANCE

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### WHAT'S NEXT?

Market to mature with focus on health, flavour innovation, and clean labels Innovation spotlight: better-for-you ketchup and yogurt-based sauces

### COMPETITIVE LANDSCAPE

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### Sweet Spreads in Ukraine

#### **KEY DATA FINDINGS**

### 2025 DEVELOPMENTS

Modest recovery as affordability and comfort drive demand

### INDUSTRY PERFORMANCE

Some marginal positive volume dynamics, value sales are mostly driven by inflation.

Rising fruit prices increase production costs

### WHAT'S NEXT?

Honey and natural spreads expected to support gradual recovery Health and naturalness to remain key long-term drivers

Premiumisation through craft jams and format diversification

### COMPETITIVE LANDSCAPE

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### **CHANNELS**

Supermarkets retain dominance through convenience and trust E-commerce expands as consumers embrace digital price comparison

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