



Staple Foods in Vietnam

December 2025

Table of Contents

Staple Foods in Vietnam

EXECUTIVE SUMMARY

Essentials remain resilient amid cost pressures and health-led upgrades

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Essential nature of staple foods ensure stable demand in 2025

Affordability remains key concern for local consumers

Sustainability trend slowly gains ground in 2025

WHAT'S NEXT?

Forecast period will see continued demand for staple foods

Food safety to see stricter controls in forecast period

Stakeholders increase focus on sustainable development

COMPETITIVE LANDSCAPE

Acecook leads, focusing on expansion and sustainability

Masan benefits from broad portfolio, while South Korean players gain greater visibility in Vietnam

CHANNELS

Shoppers still prefer to frequent local neighbourhood stores

E-commerce and modern grocery channel steal share from small local grocers

MARKET DATA

Table 1 - Sales of Staple Foods by Category: Volume 2020-2025

Table 2 - Sales of Staple Foods by Category: Value 2020-2025

Table 3 - Sales of Staple Foods by Category: % Volume Growth 2020-2025

Table 4 - Sales of Staple Foods by Category: % Value Growth 2020-2025

Table 5 - NBO Company Shares of Staple Foods: % Value 2021-2025

Table 6 - LBN Brand Shares of Staple Foods: % Value 2022-2025

Table 7 - Penetration of Private Label by Category: % Value 2020-2025

Table 8 - Distribution of Staple Foods by Format: % Value 2020-2025

Table 9 - Forecast Sales of Staple Foods by Category: Volume 2025-2030

Table 10 - Forecast Sales of Staple Foods by Category: Value 2025-2030

Table 11 - Forecast Sales of Staple Foods by Category: % Volume Growth 2025-2030

Table 12 - Forecast Sales of Staple Foods by Category: % Value Growth 2025-2030

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SOURCES

Summary 1 - Research Sources

Baked Goods in Vietnam

KEY DATA FINDINGS

2025 DEVELOPMENTS

Convenience and gifting keep baked goods demand steady

INDUSTRY PERFORMANCE

Cultural lifestyle and product accessibility support stable demand in 2025

Bread drives overall growth, while prices remain favourable

WHAT'S NEXT?

Cultural gifting trend will continue to support stable demand
Better-for-you variants set to expand over forecast period
Manufacturers to invest more in sustainability efforts

COMPETITIVE LANDSCAPE

Global companies lead through product innovation and investment in local manufacturing facilities
Orion Food benefits from strong investment in marketing and engagement

CHANNELS

Small local grocers continues to lead distribution despite regulatory pressure
E-commerce rises though comes under stricter regulations

CATEGORY DATA

Table 13 - Sales of Baked Goods by Category: Volume 2020-2025
Table 14 - Sales of Baked Goods by Category: Value 2020-2025
Table 15 - Sales of Baked Goods by Category: % Volume Growth 2020-2025
Table 16 - Sales of Baked Goods by Category: % Value Growth 2020-2025
Table 17 - Sales of Pastries by Type: % Value 2020-2025
Table 18 - NBO Company Shares of Baked Goods: % Value 2021-2025
Table 19 - LBN Brand Shares of Baked Goods: % Value 2022-2025
Table 20 - Distribution of Baked Goods by Format: % Value 2020-2025
Table 21 - Forecast Sales of Baked Goods by Category: Volume 2025-2030
Table 22 - Forecast Sales of Baked Goods by Category: Value 2025-2030
Table 23 - Forecast Sales of Baked Goods by Category: % Volume Growth 2025-2030
Table 24 - Forecast Sales of Baked Goods by Category: % Value Growth 2025-2030

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[Breakfast Cereals in Vietnam](#)

KEY DATA FINDINGS

2025 DEVELOPMENTS

Urban health routines lift breakfast cereals

INDUSTRY PERFORMANCE

Demand expands from low base and cross-category interest
Healthy perception of oats supports growth in hot cereals

WHAT'S NEXT?

Rising health awareness to push growth in breakfast cereals
Muesli and granola benefits from health positioning of nuts
Imported products intensify competition

COMPETITIVE LANDSCAPE

Global companies lead thanks to long-standing history and global brand reputation
Iconic status of Kellogg's brand ensures robust rises for Kellanova

CHANNELS

Supermarkets leads distribution through convenience, broad array and access to imported products
E-commerce under heightened government scrutiny, but still posts rapid growth in 2025

CATEGORY DATA

Table 25 - Sales of Breakfast Cereals by Category: Volume 2020-2025

Table 26 - Sales of Breakfast Cereals by Category: Value 2020-2025
Table 27 - Sales of Breakfast Cereals by Category: % Volume Growth 2020-2025
Table 28 - Sales of Breakfast Cereals by Category: % Value Growth 2020-2025
Table 29 - NBO Company Shares of Breakfast Cereals: % Value 2021-2025
Table 30 - LBN Brand Shares of Breakfast Cereals: % Value 2022-2025
Table 31 - Distribution of Breakfast Cereals by Format: % Value 2020-2025
Table 32 - Forecast Sales of Breakfast Cereals by Category: Volume 2025-2030
Table 33 - Forecast Sales of Breakfast Cereals by Category: Value 2025-2030
Table 34 - Forecast Sales of Breakfast Cereals by Category: % Volume Growth 2025-2030
Table 35 - Forecast Sales of Breakfast Cereals by Category: % Value Growth 2025-2030

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Processed Fruit and Vegetables in Vietnam

KEY DATA FINDINGS

2025 DEVELOPMENTS

Canned fruit gains new occasions through café culture

INDUSTRY PERFORMANCE

Shelf stable fruit remains key driver in 2025

Fruit-based tea attracts rising interest in Vietnam, supporting sales in specific segments

WHAT'S NEXT?

Fresh food alternatives present rising competitive threat

Product origin increasingly scrutinised by consumers

Foodservice channel set to create aspirational demand

COMPETITIVE LANDSCAPE

Del Monte leads through high brand awareness and trust, while local companies compete through pricing

Halong Canned Food declines in 2025

CHANNELS

Small local grocers continues to lead thanks to accessibility and affordability

Online shopping becomes more ingrained in local lifestyles

CATEGORY DATA

Table 36 - Sales of Processed Fruit and Vegetables by Category: Volume 2020-2025
Table 37 - Sales of Processed Fruit and Vegetables by Category: Value 2020-2025
Table 38 - Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2020-2025
Table 39 - Sales of Processed Fruit and Vegetables by Category: % Value Growth 2020-2025
Table 40 - Sales of Frozen Processed Vegetables by Type: % Value Breakdown 2020-2025
Table 41 - NBO Company Shares of Processed Fruit and Vegetables: % Value 2021-2025
Table 42 - LBN Brand Shares of Processed Fruit and Vegetables: % Value 2022-2025
Table 43 - Distribution of Processed Fruit and Vegetables by Format: % Value 2020-2025
Table 44 - Forecast Sales of Processed Fruit and Vegetables by Category: Volume 2025-2030
Table 45 - Forecast Sales of Processed Fruit and Vegetables by Category: Value 2025-2030
Table 46 - Forecast Sales of Processed Fruit and Vegetables by Category: % Volume Growth 2025-2030
Table 47 - Forecast Sales of Processed Fruit and Vegetables by Category: % Value Growth 2025-2030

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Processed Meat, Seafood and Alternatives To Meat in Vietnam

KEY DATA FINDINGS

2025 DEVELOPMENTS

Plant-forward options and format innovation support value growth

INDUSTRY PERFORMANCE

Local players see dynamic performance thanks to local knowledge

Tofu and derivatives drive overall category growth

WHAT'S NEXT?

Growth set to continue as producers innovate, consumers get busier and infrastructure improves

Tighter controls over food safety

Sustainability concerns accelerate, shaping future development

COMPETITIVE LANDSCAPE

Long-standing brands continue to lead though face rising competition

Masan expands into category, boosting dynamism and intensifying competition

CHANNELS

Small local grocers continues to dominate distribution, while e-commerce rises rapidly

E-commerce benefits from broader offer on third-party platforms

CATEGORY DATA

Table 48 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Volume 2020-2025

Table 49 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2020-2025

Table 50 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Volume Growth 2020-2025

Table 51 - Sales of Processed Meat, Seafood and Alternatives to Meat by Category: % Value Growth 2020-2025

Table 52 - Sales of Shelf Stable Processed Red Meat by Type: % Volume Breakdown 2020-2025

Table 53 - Sales of Chilled Processed Red Meat by Type: % Volume Breakdown 2020-2025

Table 54 - Sales of Frozen Processed Red Meat by Type: % Volume Breakdown 2020-2025

Table 55 - Sales of Frozen Processed Poultry by Type: % Value Breakdown 2020-2025

Table 56 - Sales of Frozen Processed Seafood by Type: % Value Breakdown 2020-2025

Table 57 - NBO Company Shares of Processed Meat, Seafood and Alternatives to Meat: % Value 2021-2025

Table 58 - LBN Brand Shares of Processed Meat, Seafood and Alternatives to Meat: % Value 2022-2025

Table 59 - Distribution of Processed Meat, Seafood and Alternatives to Meat by Format: % Value 2020-2025

Table 60 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Volume 2025-2030

Table 61 - Forecast Sales of Processed Meat, Seafood and Alternatives to Meat by Category: Value 2025-2030

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[Rice, Pasta and Noodles in Vietnam](#)

KEY DATA FINDINGS

2025 DEVELOPMENTS

Everyday staples underpin growth as branded rice gains traction

INDUSTRY PERFORMANCE

Rice sees stable demand thanks to daily consumption

Consumers increasingly opt for branded rice variants

WHAT'S NEXT?

Shift from unbranded to branded products for higher safety and quality assurance

Premiumisation trend set to accelerate

Sustainability-focused products and initiatives will expand with support from both government and manufacturers

COMPETITIVE LANDSCAPE

Major players in instant noodles lead overall category

Masan enjoys robust rises in 2025

CHANNELS

Small local grocers leads retail distribution for rice, pasta and noodles in Vietnam

E-commerce benefits from greater engagement through social commerce

CATEGORY DATA

Table 62 - Sales of Rice, Pasta and Noodles by Category: Volume 2020-2025

Table 63 - Sales of Rice, Pasta and Noodles by Category: Value 2020-2025

Table 64 - Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2020-2025

Table 65 - Sales of Rice, Pasta and Noodles by Category: % Value Growth 2020-2025

Table 66 - Sales of Instant Noodles by Leading Flavours: Rankings 2020-2025

Table 67 - NBO Company Shares of Rice, Pasta and Noodles: % Value 2021-2025

Table 68 - LBN Brand Shares of Rice, Pasta and Noodles: % Value 2022-2025

Table 69 - NBO Company Shares of Rice: % Value 2021-2025

Table 70 - LBN Brand Shares of Rice: % Value 2022-2025

Table 71 - NBO Company Shares of Pasta: % Value 2021-2025

Table 72 - LBN Brand Shares of Pasta: % Value 2022-2025

Table 73 - NBO Company Shares of Noodles: % Value 2021-2025

Table 74 - LBN Brand Shares of Noodles: % Value 2022-2025

Table 75 - Distribution of Rice, Pasta and Noodles by Format: % Value 2020-2025

Table 76 - Distribution of Rice by Format: % Value 2020-2025

Table 77 - Distribution of Pasta by Format: % Value 2020-2025

Table 78 - Distribution of Noodles by Format: % Value 2020-2025

Table 79 - Forecast Sales of Rice, Pasta and Noodles by Category: Volume 2025-2030

Table 80 - Forecast Sales of Rice, Pasta and Noodles by Category: Value 2025-2030

Table 81 - Forecast Sales of Rice, Pasta and Noodles by Category: % Volume Growth 2025-2030

Table 82 - Forecast Sales of Rice, Pasta and Noodles by Category: % Value Growth 2025-2030

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