

Cooking Ingredients and Meals in China

November 2025

Table of Contents

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EXECUTIVE SUMMARY

Sales hit by sluggish economy and declining household consumption

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Healthier direction of travel

Clean label remains the key health claim in meals and soups

Health-orientated move in sauces, dips and condiments

WHAT'S NEXT?

Convenience categories to the fore

Online grocery retailers to increase penetration and gain importance in ready meals and quick recipe kits Use of technology to develop healthier pickled products

COMPETITIVE LANDSCAPE

The leading player develops a functional and customised offer

Fujian Xinmeichen Food answers consumers cooking and lifestyle needs with NIUSAZZ frozen pizza

CHANNELS

Supermarkets face growing competition

Retail e-commerce fits strongly with the convenience shopping trend

MARKET DATA

- Table 1 Sales of Cooking Ingredients and Meals by Category: Volume 2020-2025
- Table 2 Sales of Cooking Ingredients and Meals by Category: Value 2020-2025
- Table 3 Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2020-2025
- Table 4 Sales of Cooking Ingredients and Meals by Category: % Value Growth 2020-2025
- Table 5 NBO Company Shares of Cooking Ingredients and Meals: % Value 2021-2025
- Table 6 LBN Brand Shares of Cooking Ingredients and Meals: % Value 2022-2025
- Table 7 Penetration of Private Label by Category: % Value 2020-2025
- Table 8 Distribution of Cooking Ingredients and Meals by Format: % Value 2020-2025
- Table 9 Forecast Sales of Cooking Ingredients and Meals by Category: Volume 2025-2030
- Table 10 Forecast Sales of Cooking Ingredients and Meals by Category: Value 2025-2030
- Table 11 Forecast Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2025-2030
- Table 12 Forecast Sales of Cooking Ingredients and Meals by Category: % Value Growth 2025-2030

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SOURCES

Summary 1 - Research Sources

Edible Oils in China

KEY DATA FINDINGS

2025 DEVELOPMENTS

Maturity and shift to eating out hinder sales

INDUSTRY PERFORMANCE

Olive oil benefits from a healthier image and price stabilisation

Health and functional products spur dynamism in edible oils

WHAT'S NEXT?

Demographic and lifestyle trends to help shape the category performance

Edible oils moves in a health-orientated direction

Promotion of healthy cooking practices to weaken usage of edible oils

COMPETITIVE LANDSCAPE

The leading player invests in healthier, functional and customised offerings

Olive oil's rebound boosts the Mueloliva brand

CHANNELS

Supermarkets continue to dominate the landscape but the competition intensifies

Warehouse clubs expand and tap into value for money demand

CATEGORY DATA

Table 13 - Sales of Edible Oils by Category: Volume 2020-2025

Table 14 - Sales of Edible Oils by Category: Value 2020-2025

Table 15 - Sales of Edible Oils by Category: % Volume Growth 2020-2025

Table 16 - Sales of Edible Oils by Category: % Value Growth 2020-2025

Table 17 - NBO Company Shares of Edible Oils: % Value 2021-2025

Table 18 - LBN Brand Shares of Edible Oils: % Value 2022-2025

Table 19 - Distribution of Edible Oils by Format: % Value 2020-2025

Table 20 - Forecast Sales of Edible Oils by Category: Volume 2025-2030

Table 21 - Forecast Sales of Edible Oils by Category: Value 2025-2030

Table 22 - Forecast Sales of Edible Oils by Category: % Volume Growth 2025-2030

Table 23 - Forecast Sales of Edible Oils by Category: % Value Growth 2025-2030

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Meals and Soups in China

KEY DATA FINDINGS

2025 DEVELOPMENTS

Demand for convenience and flavour boost sales

INDUSTRY PERFORMANCE

Ready meals develop with healthier, tastier options

Quick recipe kits address consumer meal concerns and needs

WHAT'S NEXT?

Quick recipe kits to benefit from company activity and consumer demand trends

Key health claims to gain weight in meals and soups

Online grocery retailers drive innovation and new product development

COMPETITIVE LANDSCAPE

Sanquan Food offers popular products to lead a highly fragmented competitive landscape

NIUSAZZ's convenient cooking method wins consumer favour

CHANNELS

Convenience and price advantages spur e-commerce's strength in the category Warehouse clubs expand their presence and gain importance in meals and soups

CATEGORY DATA

Table 24 - Sales of Meals and Soups by Category: Volume 2020-2025

Table 25 - Sales of Meals and Soups by Category: Value 2020-2025

- Table 26 Sales of Meals and Soups by Category: % Volume Growth 2020-2025
- Table 27 Sales of Meals and Soups by Category: % Value Growth 2020-2025
- Table 28 Sales of Chilled Ready Meals by Ethnicity: % Value 2020-2025
- Table 29 Sales of Frozen Ready Meals by Ethnicity: % Value 2020-2025
- Table 30 Sales of Soup by Leading Flavours: Rankings 2020-2025
- Table 31 NBO Company Shares of Meals and Soups: % Value 2021-2025
- Table 32 LBN Brand Shares of Meals and Soups: % Value 2022-2025
- Table 33 Distribution of Meals and Soups by Format: % Value 2020-2025
- Table 34 Forecast Sales of Meals and Soups by Category: Volume 2025-2030
- Table 35 Forecast Sales of Meals and Soups by Category: Value 2025-2030
- Table 36 Forecast Sales of Meals and Soups by Category: % Volume Growth 2025-2030
- Table 37 Forecast Sales of Meals and Soups by Category: % Value Growth 2025-2030

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Sauces, Dips and Condiments in China

KEY DATA FINDINGS

2025 DEVELOPMENTS

Declining population and economic challenges hinder growth

INDUSTRY PERFORMANCE

Shift towards healthier options

Salad dressings lean on healthy positioning and new product developments

WHAT'S NEXT?

Falling frequency of at-home cooking to negatively impact sauces, dips and condiments

New brands ride on natural and authentic positioning

Strong health and technological developments to improve pickled products

COMPETITIVE LANDSCAPE

Foshan Haitian Flavouring & Food responds to consumer trends with new series

Private label stirs in sauces, dips and condiments

CHANNELS

Growing competition for supermarkets

Warehouse clubs gain traction through a wider presence and value for money positioning

CATEGORY DATA

- Table 38 Sales of Sauces, Dips and Condiments by Category: Volume 2020-2025
- Table 39 Sales of Sauces, Dips and Condiments by Category: Value 2020-2025
- Table 40 Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2020-2025
- Table 41 Sales of Sauces, Dips and Condiments by Category: % Value Growth 2020-2025
- Table 42 Sales of Liquid Recipe Sauces by Type: % Value 2020-2025
- Table 43 Sales of Other Sauces and Condiments by Type: Rankings 2020-2025
- Table 44 NBO Company Shares of Sauces, Dips and Condiments: % Value 2021-2025
- Table 45 LBN Brand Shares of Sauces, Dips and Condiments: % Value 2022-2025
- Table 46 Distribution of Sauces, Dips and Condiments by Format: % Value 2020-2025
- Table 47 Forecast Sales of Sauces, Dips and Condiments by Category: Volume 2025-2030
- Table 48 Forecast Sales of Sauces, Dips and Condiments by Category: Value 2025-2030
- Table 49 Forecast Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2025-2030
- Table 50 Forecast Sales of Sauces, Dips and Condiments by Category: % Value Growth 2025-2030

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Sweet Spreads in China

KEY DATA FINDINGS

2025 DEVELOPMENTS

Honey hit by economic challenges and cost concerns

INDUSTRY PERFORMANCE

Players introduce health-focused options to offset an unhealthy image Strong company activity pushes jams and preserves

WHAT'S NEXT?

Slow recovery anticipated for sweet spreads

Clean label to remain the key health direction

Government health programmes may shape trends

COMPETITIVE LANDSCAPE

Guan Sheng Yuan Group benefits from the rejuvenation of its key brand Nutella sees extended distribution

CHANNELS

The competition intensifies in the distribution of sweet spreads Growing online engagement benefits retail e-commerce

CATEGORY DATA

- Table 51 Sales of Sweet Spreads by Category: Volume 2020-2025
- Table 52 Sales of Sweet Spreads by Category: Value 2020-2025
- Table 53 Sales of Sweet Spreads by Category: % Volume Growth 2020-2025
- Table 54 Sales of Sweet Spreads by Category: % Value Growth 2020-2025
- Table 55 Sales of Jams and Preserves by Leading Flavours: Rankings 2020-2025
- Table 56 NBO Company Shares of Sweet Spreads: % Value 2021-2025
- Table 57 LBN Brand Shares of Sweet Spreads: % Value 2022-2025
- Table 58 Distribution of Sweet Spreads by Format: % Value 2020-2025
- Table 59 Forecast Sales of Sweet Spreads by Category: Volume 2025-2030
- Table 60 Forecast Sales of Sweet Spreads by Category: Value 2025-2030
- Table 61 Forecast Sales of Sweet Spreads by Category: % Volume Growth 2025-2030
- Table 62 Forecast Sales of Sweet Spreads by Category: % Value Growth 2025-2030

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