

Meals and Soups in Vietnam

November 2025

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Meals and Soups in Vietnam - Category analysis

KEY DATA FINDINGS

2025 DEVELOPMENTS

Convenience, health, and digitalisation drive growth in meals and soups

INDUSTRY PERFORMANCE

Demand for convenience drives robust growth in meals and soups Convenience and quality drive the rise of frozen ready meals in Vietnam

WHAT'S NEXT?

Convenience and innovation set to drive robust growth in meals and soups Frozen ready meals will be a healthy and convenient choice for consumers Doorstep delivery and supermarket expansion to reshape meals and soups

COMPETITIVE LANDSCAPE

Asia Foods Corp faces modern rivals and navigates shifting consumer tastes Kido Group acquisition fuels Tho Phat's dynamic growth in meals and soups

CHANNELS

The evolving role of small local grocers in meals and soups in Vietnam

E-commerce surges from a low base amidst innovation and regulatory oversight

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Cooking Ingredients and Meals in Vietnam - Industry Overview

EXECUTIVE SUMMARY

Tradition meets innovation, with safety paramount

KEY DATA FINDINGS

INDUSTRY PERFORMANCE

Sustained growth driven by tradition

Health innovations and VAT reduction drive sales

Food safety and informed choices drive consumer behaviour

WHAT'S NEXT?

Dynamic growth to be driven by convenience, health, and local specialities

Stricter regulations and industry compliance to drive consumer confidence

Healthy living will be a catalyst for innovation in cooking ingredients and meals

COMPETITIVE LANDSCAPE

Strategic expansion and robust distribution extend Calofic's leading position
Tho Phat leverages Kido's network for enhanced reach
Masan Consumer Corp's growth fuelled by innovation and strong brand portfolio
Regional specialities and local brands gain traction

CHANNELS

Small local grocers remains key to distribution despite pressures

Dynamic growth for retail e-commerce, but increased regulatory scrutiny

Strategic distribution can fuel expansion through proximity and penetration

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