

HW Snacks in Norway

September 2024

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HW Snacks in Norway - Category analysis

KEY DATA FINDINGS

2023 DEVELOPMENTS

Return of old snacking habits boosts sales but resurgence of cross border shopping limits growth No sugar claims maintain a prominent position within health and wellness snacks
High protein snacks thriving as consumers embrace the keto diet

PROSPECTS AND OPPORTUNITIES

Vegan claims expected to gain ground as consumers look to make healthier and more responsible purchasing decisions

Gluten free snacks and snack bars set to remain important sales drivers but cross-border shopping will remain a barrier to growth

Lactose free snacks to benefit from rising concerns over food intolerances while savoury snacks will focus on offering healthier options

MARKET DATA

- Table 1 Sales of Snacks by Health and Wellness Type: Value 2019-2023
- Table 2 Sales of Snacks by Health and Wellness Type: % Value Growth 2019-2023
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Health and Wellness in Norway - Industry Overview

EXECUTIVE SUMMARY

Health and wellness in focus
Consumer weight trends

Consumer diet trends

Health-related deaths

Blood pressure and cholesterol levels

Diabetes prevalence

DISCLAIMER

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