

# HW Dairy Products and Alternatives in Italy

July 2024

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## HW Dairy Products and Alternatives in Italy - Category analysis

#### **KEY DATA FINDINGS**

#### 2023 DEVELOPMENTS

Vegan dairy products and alternatives on the rise as consumers embrace plant-based diets

Lactose free claims prove popular in 2023 as players invest in new product development and innovation

High fibre and high protein claims proving popular as consumers look to ensure a complete nutrition

#### PROSPECTS AND OPPORTUNITIES

Parents likely to focus on healthier options for their children, but falling birth rate will remain an obstacle to growth More consumers expected to ditch dairy in favour of plant-based alternatives

Digestive health likely to expand due to Italy's ageing population

#### **CATEGORY DATA**

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# Health and Wellness in Italy - Industry Overview

## **EXECUTIVE SUMMARY**

Health and wellness in focus
Consumer weight trends
Consumer diet trends
Health-related deaths
Blood pressure and cholesterol levels
Diabetes prevalence

## **DISCLAIMER**

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