

# HW Snacks in Spain

August 2024

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## HW Snacks in Spain - Category analysis

## **KEY DATA FINDINGS**

## 2023 DEVELOPMENTS

Lowering sugar content amongst the key priorities in sweet snacks

Gluten free is the leading claim, supported by growing awareness of food intolerance and general health trends amongst wider audience Alignment of health and wellness and ethical concerns

## PROSPECTS AND OPPORTUNITIES

Fortification will continue to drive innovation in snacks Growing range of vegan and plant-based options Continued focus on sugar

#### CATEGORY DATA

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# Health and Wellness in Spain - Industry Overview

## **EXECUTIVE SUMMARY**

Health and wellness in focus

Consumer weight trends

Consumer diet trends

Health-related deaths

Blood pressure and cholesterol levels

Diabetes prevalence

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