

Transforming Women's Health: Cross-Industry Impact and Innovation

July 2024

EXECUTIVE SUMMARY

Why read this report?

INTRODUCTION

Key findings

Exploring the transformation of women's health

Prioritising customer centricity and value creation as key prerequisites for innovation

Filling solution gaps with broad-based and medically-grounded propositions

Mapping strategic priorities and key investment spaces

Key strategic fundamentals for commercially viable solutions

WOMEN'S HEALTH IN BEAUTY AND PERSONAL CARE

Women's health extends to greater understanding of hormones' impact on changing skin and hair "Scalp health" positioning extends awareness of female-centric age-related hair care needs
Brazil's Menoderm Payot adjusts benefit messaging to target menopausal women
France-based Rene Furterer takes gender-neutral approach to thinning hair
Beauty and personal care players should lean on ingredients to educate about life stages

WOMEN'S HEALTH IN CONSUMER HEALTH

Women's health a niche but fast-evolving consideration in the consumer health universe
Women's health formulations increasingly include multifunctional approaches
Yuhan Care builds upon its success in South Korea through regional expansion
Alloy combines telehealth and medications to provide a full-service approach to menopause
Consumer health companies will address health needs across life stages to maintain support

WOMEN'S HEALTH IN FOOD AND NUTRITION

Unlocking the potential of functional foods for women's holistic health
Strong prospects for functional health claims across the women's health spectrum
Y anwai's bird's nest porridge to empower women's wellness in China
Chiyo blends Asian traditions with Western science for postpartum and fertility meal plans
C atering to women's diverse life stages with functionality and personalised nutrition

WOMEN'S HEALTH IN APPAREL AND FOOTWEAR

After lifting taboos around periods, fashion targets women of menopausal age
Focus on women's health opens opportunities in underserved sportswear market
Puma accelerates its commitment to women's football by investing in ACL research
Budget fashion retailer Primark now offers a menopause range in the UK
Fashion players need to embrace women's health to stay relevant

WOMEN'S HEALTH IN TISSUE AND HYGIENE

Femcare as a dynamic pillar amid destignatisation and demographic headwinds
Exploring further converging spaces and synergies between femcare and adjacencies
Leakproof alternatives echo hygiene-functional apparel synergy
Unicharm redefines menstrual care category with bio-based fertility liner
Knix diversifies Essity's femcare offerings with leakproof selections across life occasions
Femcare businesses to reorientate from symptom- to lifestyle-focused brand positioning

CONCLUSION

Transforming Women's Health: Recommendations for growth

CONCLUSION

The evolution of women's health

Transforming the future of women's health: Questions we are asking

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