

The Five Consumer-Driven Megatrends Reframing the Future

December 2025

EXECUTIVE SUMMARY

Why read this report?

Key findings

INTRODUCTION

Foresight-driven innovation: Solving real consumer needs

Understanding the long-term consumer shifts to inform innovation strategy

Leaders harness megatrends to shape strategy and drive change

Megatrends play a key role in the path to innovation

Megatrends definitions

Five macro drivers continuously shape consumer behaviour shifts

CONVENIENCE

New value levers set to catalyse growth of Convenience

Grab's super-app effectively showcases the power of speed, frictionless and channel

Chewy blends emotional elements into its customer experience

Convenience: What to focus on

The winning playbook will likely leverage tech, emotional IQ and disintermediation

EXPERIENCE MORE

Elevating brand relevance through experiential value

"Nothing cracks like Magnum": Sensory storytelling and immersive experience

Nike Member Days: Driving experience-led loyalty and growth

Experience More: What to focus on Make experience the product

SUSTAINABLE LIVING

Sustainable Living: From aspiration to expectation

Albert Heijn launches plant-based blended dairy and meat products in the Netherlands

L'Oréal's global push to make refills a beauty standard

Sustainable Living: What to focus on

Sustainability as a strategic lever: Redefining value, trust and growth

VALUE PROPOSITIONS

Beyond the bargain: The rise of flexible value ecosystems

Danone adopts dual-track pricing strategy

Starbucks balances mobile innovation and social spaces

Value Propositions: What to focus on

Navigating changing value perceptions with authenticity, adaptability and alignment

WELLNESS

Wellness dimensions diversify as longevity science and technology proliferate

January Al fuels Al-powered predictive metabolic insights for nutrition health coaching

Timeline Mitopure delivers inside-out and outside-in cellular level optimisation

Wellness: What to focus on

Holistic and advanced wellness solutions accelerate cross-sector convergences

CONCLUSION

Recommendations/opportunities for growth

Questions we are asking

APPENDIX

Unlocking the Power of Megatrends for Consumer Goods Innovation

The four key steps to successfully incorporating megatrends analysis into your business

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